Clinical Considerations for a Strength-Based Intake Assessment

Initial Comments/Assessment Summary

1. Client Demographics -

Name: Age: Gender: Race: **Note:** Domain areas assess the identified child only - except 'Family/Relationships.' Relevant information about family members should be included on page 4.

2. Referral Source -

Child Welfare:
Juvenile Justice:
Education:
Mental Health:
Corrections:
Other:

3. Presenting Concerns (that lead to referral) and Strengths-

Abuse:

Alcohol/Drugs: Attention: Behavior:

Danger (self/others):

Psychiatric Symptoms (anxiety, depression, etc.):

Disabilities/Challenges: Family Relationships:

Legal: Peers: School:



Psychological/Emotional

1. Mental Status (see checklist: Supplement I) – What are the strengths?

Appearance:

Well-groomed, appropriate, inappropriate, poor hygiene, disheveled, Gang oriented clothing, alcohol-drug-tobacco oriented clothing, other

Concentration:

Good, limited, poor

Orientation:

Person – self/others, place, purpose

Psychomotor:

WNL, agitated, hyperactive, slowed, tics, other

Mood/Affect:

Euthymic, appropriate to content, calm, cooperative, angry, anxious, Defensive, depressed, flat, labile, euphoric, suspicious, tense, Withdrawn, other

Thought Content/Process:

Logical, sequential, goal directed, blocking, delusions, grandiose, Hallucinations, paranoia, perseveration, rapid, slowed, spontaneous, Tangential, other

Memory:

Good, fair, poor

Remote Recall:

Good, fair, poor

Estimated IQ:

<Average, Average, >Average

Impulse Control:

Good, fair, poor

Level of Consciousness:

Alert, lethargic, other

Judgment:

Good, fair, poor

Insight:

Good, fair, poor

2. Treatment History -

What are the strengths?

Previous (with dates and provider names):

Inpatient:

Outpatient:

Day Treatment:

Residential:

Group Home:

Foster Care:



	Counseling: Other:
Curre	nt:
	Same as "previous":

3. Diagnostic Information in support of diagnosis (see checklist: Supplement II)-What are the strengths?

Examples:

ADHD (i.e. fidgets, distracted, difficulty following directions, unable to stay on task, trouble remaining seated, etc.)

Major Depression (i.e. irritable mood, sleep/appetite disturbance, suicidal ideation, depressed mood, feelings of worthlessness, fatigue etc.)

Bipolar Disorder (i.e. mood disturbance, manic behavior, hypo manic behavior, depressive symptoms, and associated symptoms related to mania and depression per DSM IV).

Anxiety/PTSD (i.e. physical/somatic symptoms, worrisome, fearful, obsessive, compulsive, recurrent dreams/flashbacks of traumatic event, etc.)

Oppositional Defiant Disorder (i.e. defies adult requests, temper, arguments, resentful, blames others, swearing, etc.)

Conduct Disorder (i.e. illegal activity, physically cruel to animals, fire setting, destruction of property, etc.)

4. Global Assessment of Functioning Scale (CGAS for youth under 14) - What are the strengths?

Current Score:

History:

Description/Rationale (see scale):

5. Traumatic Events - What are the strengths?

Abuse:

Deaths:

Incarcerations:

Other:

6. Parental Concerns - What are the strengths?

Behavior: Emotions: Eating: Sleeping



Note: All relevant information about family members goes in this section.

Toileting: Other:

Family/Relationships

1. Family -

What are the strengths?

Marital Status:

Significant others (paramour)

Separations Divorces Marriages

Widow/Widower

Orientation

Siblings: Birth Order:

Extended Family (biological, non-biological):

Adoptions:

Out-of-home placements:

Other Caregivers:

Custody/Guardianship Arrangements:

Living Situations:

Family Functioning (ability to parent, substance abuse, legal, etc.):

Health:

2. Other Significant Relationships (past and present) – What are the strengths?

Friends:

Neighborhood: Community:

3. Sexual Activity –

What are the strengths?

Current: History: Pregnancy: STD: Treatment:

4. Traumatic Events:

What are the strengths?

Deaths:

Safety:

Incarcerations:

Abuse:



5. Other Family Member Information (summarize life domain areas): What are the strengths?

Safety/Crisis

1. Risks and Supports – What are the Strengths?

Suicide:

Thoughts

Plans

Attempts

Supports available

When and how?

Homicide:

Thoughts

Plans

Attempts

Supports available

When and how?

Self-Mutilation:

Thoughts

Plans

Attempts

Supports available

When and how?

Aggressiveness:

Verbal

Physical

Property

Fire

Cruelty to Animals

Supports available

When and how?

Abuse:

Emotional

Verbal

Physical

Sexual

Rape

Domestic Violence

Neglect

Supports available

When and how?

Separation Issues and Neglect:

Supports available

Runaway:

Purpose

Destination

Duration



Dangerousness/Safety How Returned Crisis Involvement (YES)

2. Current Crisis Plans and Plans for Safety - What are the Strengths?

Family Solutions: System Supports:

Other:

Legal

1. Legal Involvement – What are the strengths?

Probation (type):

Parole:

Incarceration:

Runaway:

DCS/CPS/CHINS:

Illegal activities:

Pending Charges:

Other:

Substance Use

1. Substances – What are the strengths?

Substances (list):

Quantity:

Frequency:

Last Use:

Method:

Use Behaviors (where, with who, etc.):

Triggers:

2. Current/Previous Treatment History - What are the Strengths?

Inpatient:

IOP:



Support groups (12step, AA, NA, etc.): Other:

Educational/Vocational

1. Educational Status - What are the strengths?

School and School District: Special Education (category and type): Other Educational Services: Accommodations/Educational Supports: Current Educational Performance: IQ (if available from Psych/Ed Testing):

2. Vocational Status - What are the strengths?

Employment (current, history): Vocational Education or Services: Vocational Goals: Vocational Skills:

Health/Medical

1. Health Conditions (vision, dental, physical, etc.) - What are the strengths?

Current: Previous:

2. Medical Events:

What are the strengths?

Accidents:
Surgeries:

Emergency Procedures:

3. Treatment-

What are the strengths?



Primary Care Physician:

Psychiatrist:

Dentist:

Optometrist:

Other Health Professional:

Hospitals Used:

Medications and Prescriber:

Last Appointment:

Home/Place to Live

1. Home Environment - What are the strengths?

Moves:

Recent Changes:

Placement:

Family House/Apartment:

Status and Impression:

Family Satisfaction:

2. Neighborhood - What are the strengths?

Location:

Family Satisfaction:

Daily Living

1. Strengths -

Skills (age appropriate):
Abilities (age appropriate):
Resources (age appropriate):
Goals (age appropriate):

2. Needs -

Skills (age appropriate):
Abilities (age appropriate):
Resources (age appropriate):
Goals (age appropriate):



Cultural/Spiritual

1. Culture - What are the strengths?

Ethnicity:

Traditions (holidays, rituals, etc.):

2. Religion -

What are the strengths?

Affiliation:

3. Beliefs -

What are the strengths?

Spiritual: Cultural: Values:

<u>4. Community Involvement</u> - *What are the strengths?*

Churches: Groups:

Organizations:

Other:

Financial

1. Medical Insurance - What are the strengths?

Type: Status:

2. Financial Supports/Income - What are the strengths?

Employment:



Child Support: System Support (AAP, SSI, etc.): Other:

Social/Recreational

1. Youth Activities - What are the strengths?

Fun: Hobbies:

2. Family Activities - What are the strengths?

Fun: Hobbies:

3. Social Activities – What are the strengths?

Home: Neighborhood: Community:



Supplement I : Mental Status Checklist

Appearance: well groomed appropriate inappropriate poor hygiene disheveled gang oriented clothing alcohol, drug, or tobacco oriented clothing other
Concentration: good limited poor
Orientation: person place purpose time
Psychomotor: WNL agitated hyperactive slowed tics other
Mood/Affect: appropriate to content calm cooperative angry anxious suspicious defensive depressed flat labile euphoric suspicious tense withdrawn other
Thought Content/Process: logical, sequential, goal directed blocking delusions grandiose hallucinations paranoia perseveration rapid slowed spontaneous tangential other
Level of Consciousness: alert lethargic other
Short-Term Memory: good fair poor
Remote Recall: good fair poor
Estimated IQ: below average above average known IQ Assessor
Impulse Control: good fair poor
Judgment: good fair poor



Supplement II: Diagnostic Information Checklist

ADHD

Often fidgets/restless
Difficulty remaining seated
Easily distracted
Difficulty awaiting turn in games or groups
Often blurts out answers to questions
Has difficulty following instructions from others
Often shifts between incomplete activities
Has difficulty playing quietly
Often interrupts others
Does not seem to listen
Loses things
Engages in physically dangerous activities
Duration = _____ months

OPPOSITIONAL DEFIANT DISORDER

Often loses temper
Argues with adults
Defies or refuses adult requests or rules
Deliberately does things to annoy people
Often blames others for his/her mistakes
Touchy or easily annoyed by others
Angry or resentful
Spiteful/vindictive
Swears or uses obscene language
Duration = _____ months

MAJOR DEPRESSION

Depressed mood Irritable mood
Lack of interest/pleasure in activities
Appetite disturbance Sleep disturbance
Psychomotor agitation/retardation
Fatigue or loss of energy
Feelings of worthlessness
Excessive/inappropriate guilt
Difficulty concentrating
Indecision
Recurrent thoughts of death
Suicidal ideation
Duration = _____ months

TRAUMA AND ANXIETY SYMPTOMS

Sleep or Appetite disturbance:

Worrisome:

Fearful:

Restless and/or Irritable

Physical/somatic complaints (list):

Obsessions (list):

Compulsive behavior

Recurrent recollection or dreams of

traumatic event

Flashbacks to traumatic event:

Difficulty concentrating

Intense psych stress at exposure to

cues that symbolize traumatic event

Duration = ____ months Evidence of traumatic event __

+CONDUCT DISORDER

Aggressive to people/animals
Destruction of property
Theft or deceitfulness
Serious violation of rules
__probation
__runaway
__truancy
__illegal activities
Duration = ____ months

MENTAL RETARDATION:

Mild: 50-55 to 70

Moderate: 35-40 to 50-55 Severe: 20-25 to 35-40 Profound: below 20-25

Borderline Intellectual Functioning:

71-84

Suspected/Unknown/Need Testing

