What factors are associated with Wraparound fidelity and satisfaction? Data insights from WrapStat

Wraparound Evaluation and Research Team Department of Psychiatry & Behavioral Sciences, University of Washington February 12, 2024 National Wraparound Initiative (NWI) and UW WERT Webinar





National Wraparound Implementation Center



Advancing Systems O Enhancing the Workforce O Improving Outcomes

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Blue Sky!?

Katherine Olivia Soon Linkous



UW Cherry Blossoms







Our Wraparound Fidelity Assessment System (WFAS) tools help track Wraparound implementation quality and outcomes

VF





Wraparound DART

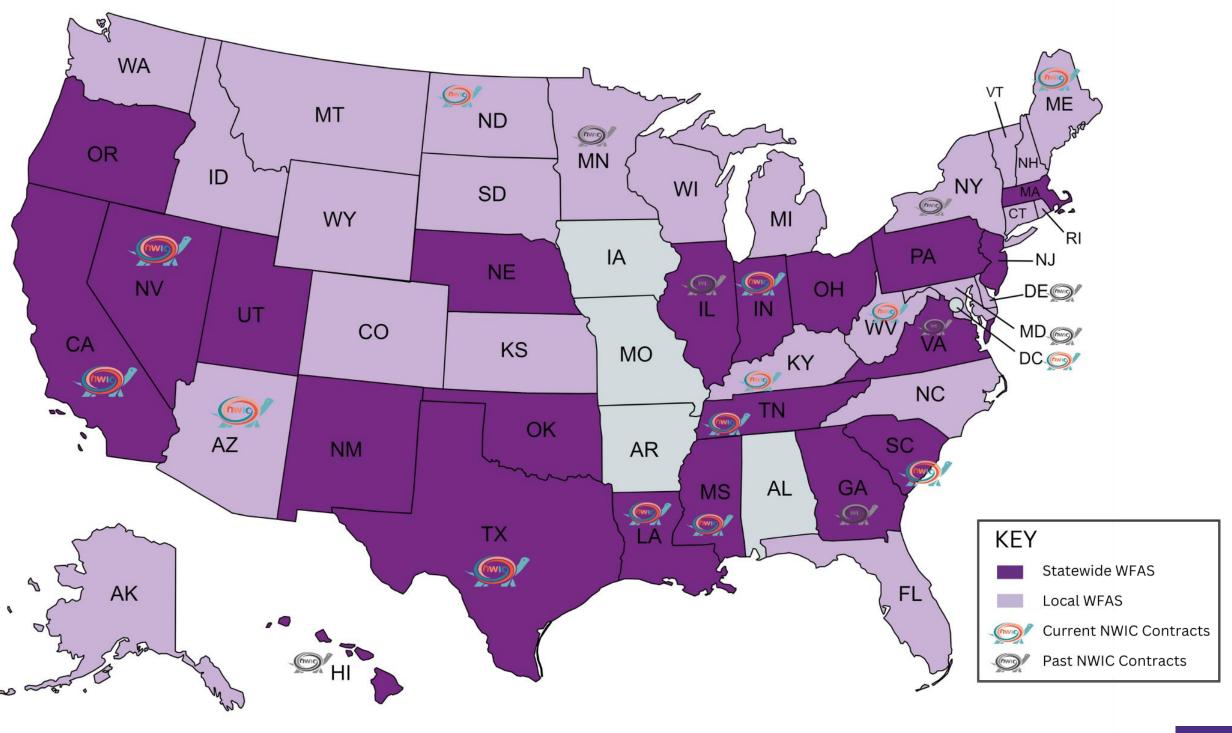
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Wraparound Fidelity Assessment measures are used in almost every state in the U.S.

50 unique organizations, including states, counties, and agencies, from across the U.S. are currently licensed to use WrapStat





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WrapStat brings the WFAS tools together along with other features that facilitate data collection, processing, and interpretation

WrapStat







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WrapStat helps states, communities, and organizations get a full picture of Wraparound quality, fidelity, and outcomes by:

- **Promoting rigorous data collection**
 - Random sampling, high response rates
- **Evaluating outcomes for Wraparound-enrolled youth**
 - Length of enrollment, reason for discharge, residential/school/community outcomes
- Managing data
 - User-friendly interface, data reporting tools, data dashboards









In this presentation we will share lessons learned from WFI–EZ data available from WrapStat

- 1. What are current WFI-EZ survey completion rates? Why do these numbers matter?
- 2. How well do WFI-EZ data represent all Wraparound-enrolled youth?
- 3. What do WFI-EZ data say about Wraparound implementation quality and caregiver satisfaction?
- 4. How do WFI-EZ scores vary by gender, race/ethnicity, and community size?
- 5. How can we learn from open-ended feedback from caregivers and care coordinators?



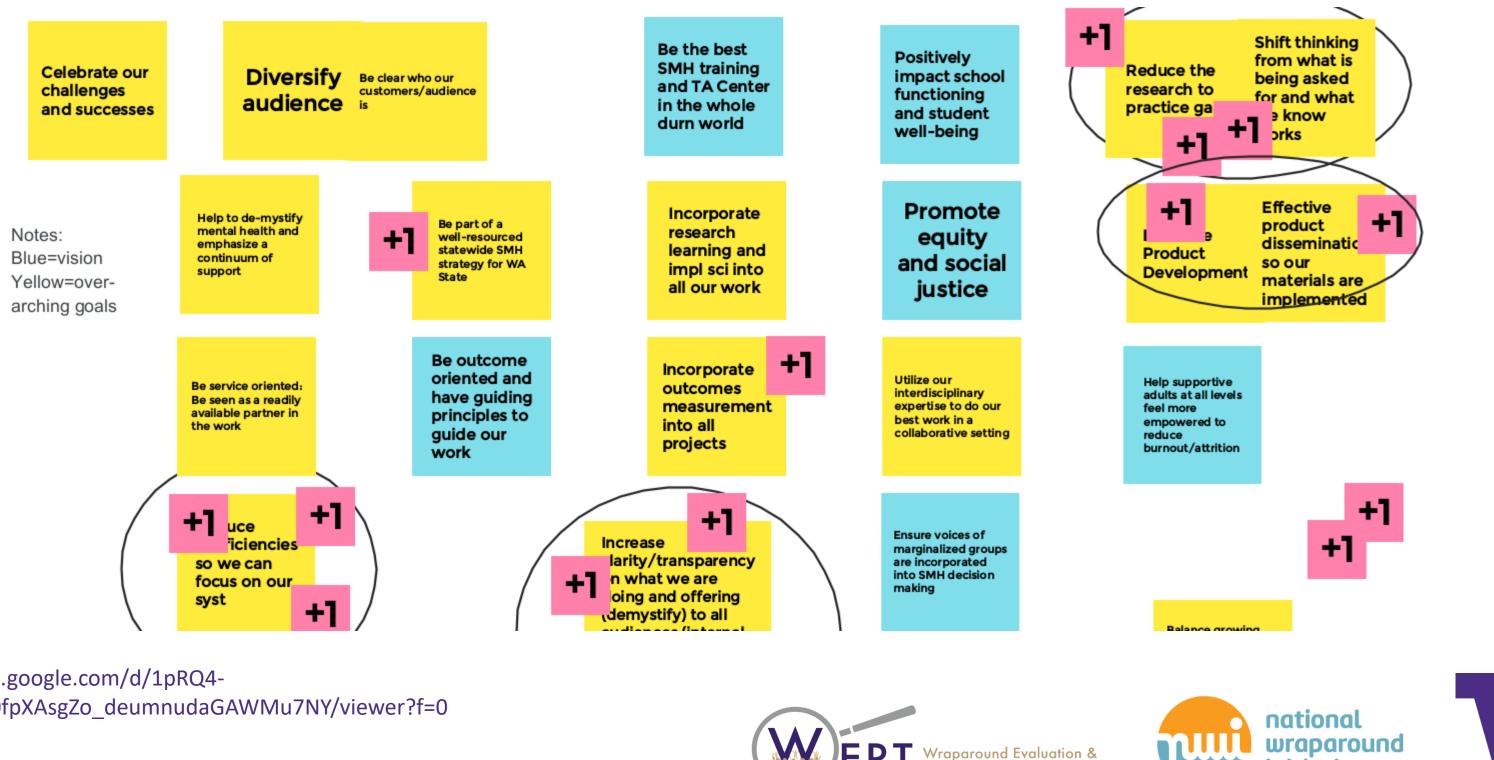






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We Need Comments and Recommendations from You! Use the Jamboard to Leave ANY comments or observations



https://jamboard.google.com/d/1pRQ4msCOYgOWJkbd0fpXAsgZo deumnudaGAWMu7NY/viewer?f=0



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What are survey completion rates for our collaborating WFI-EZ users?

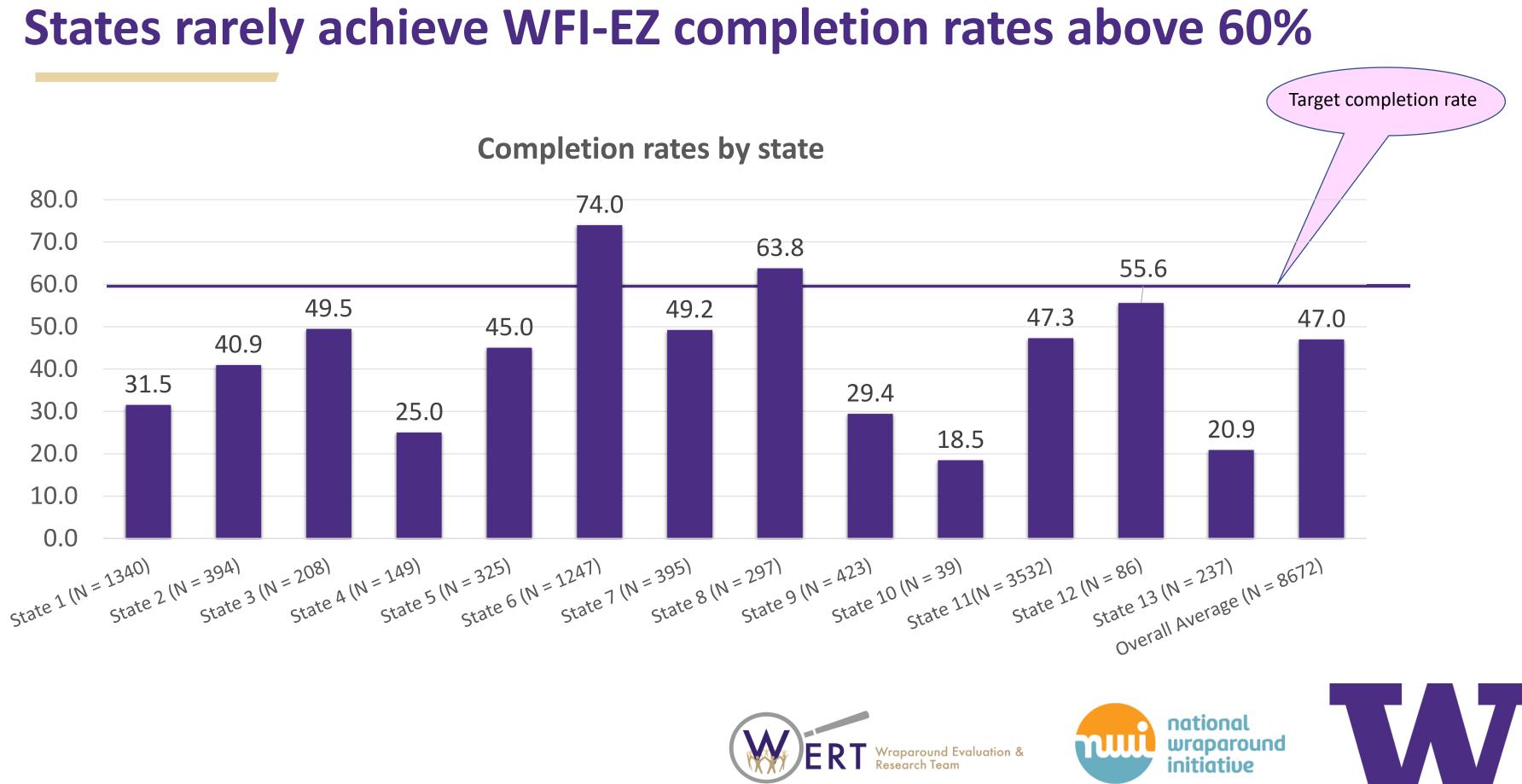


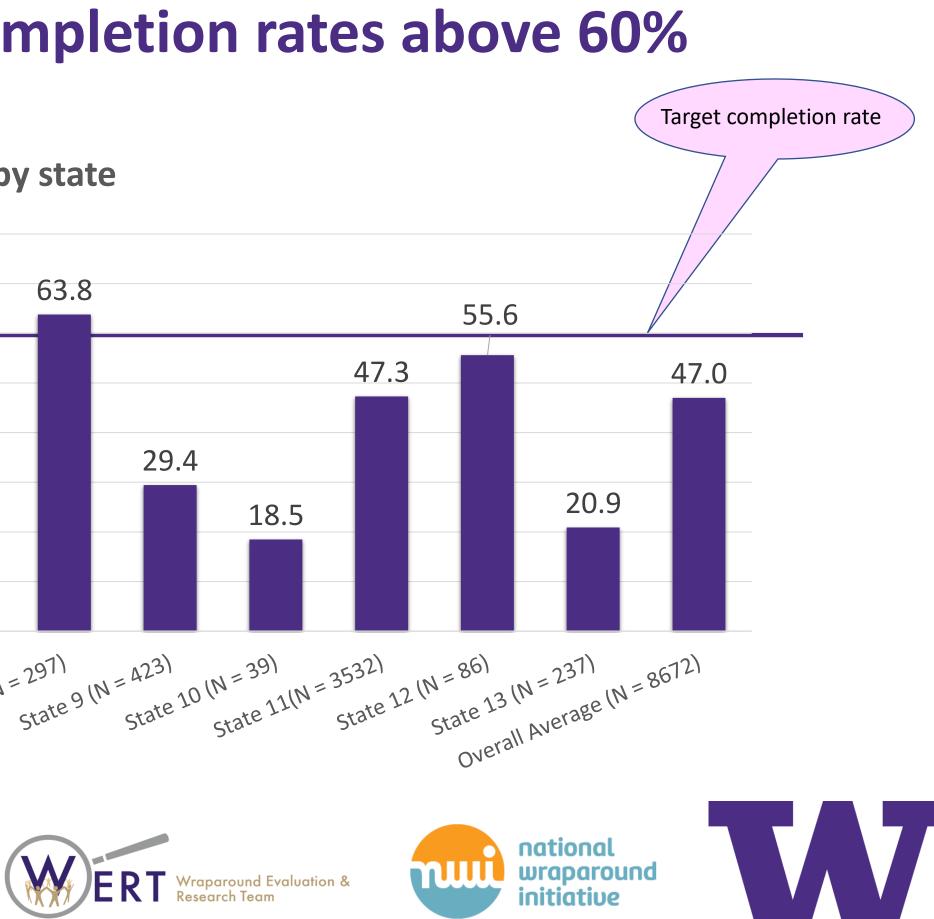




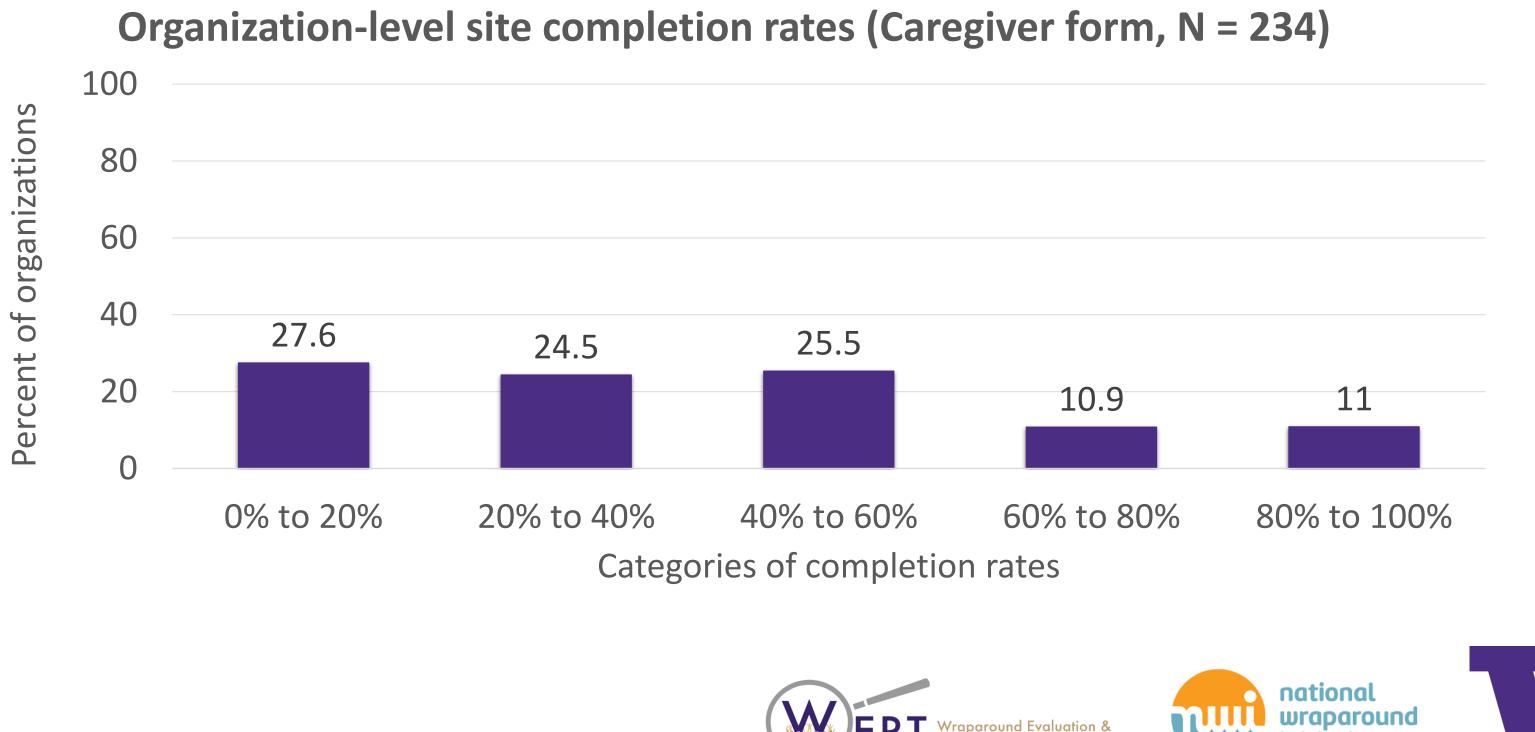
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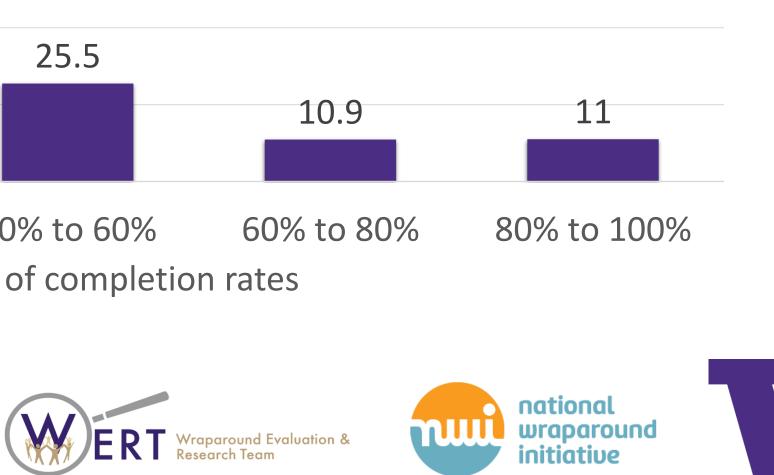
Percent





Only 22% of organizations achieve completion rates above 60%





Adequate completion rates help us ensure that WFI-EZ samples adequately represent all enrolled youth

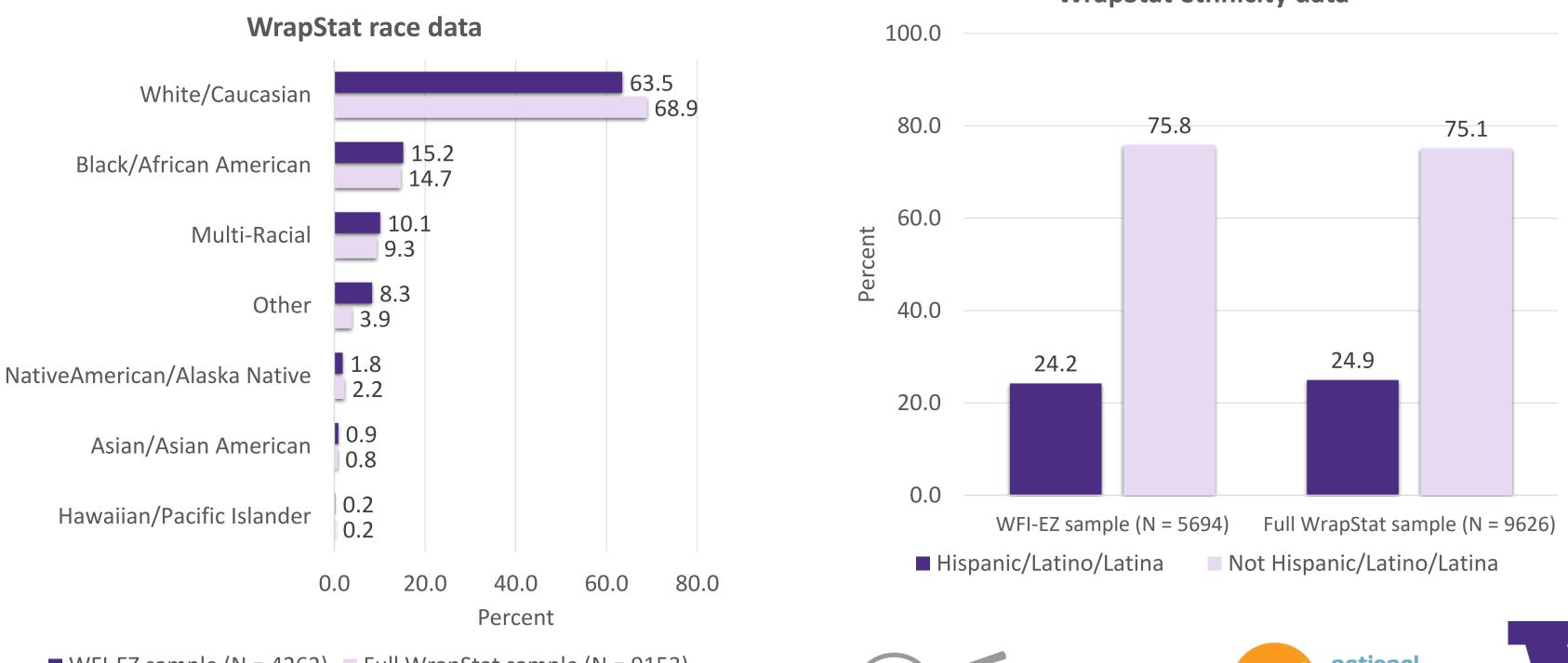






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WFI-EZ caregiver respondents are not completely representative of race/ethnicity of all youth in WrapStat



■ WFI-EZ sample (N = 4262) ■ Full WrapStat sample (N = 9153)



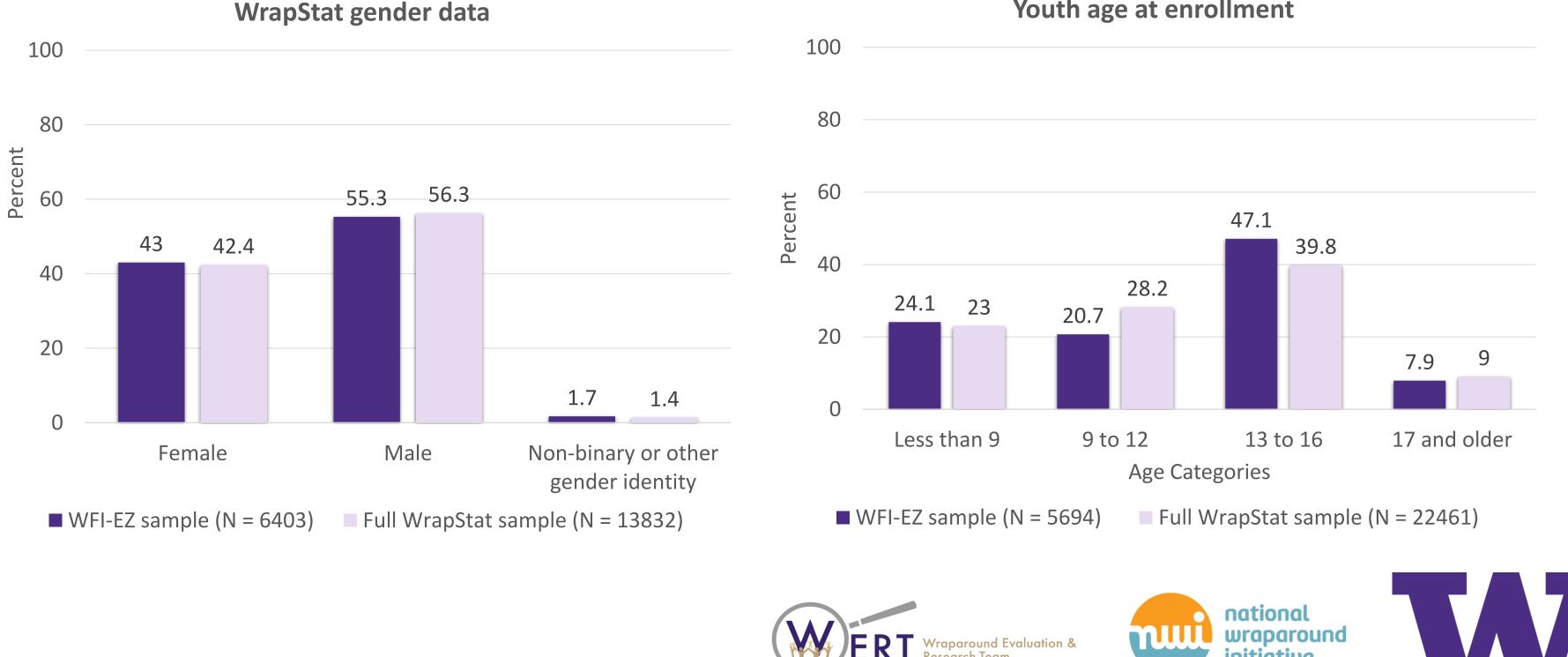
WrapStat ethnicity data

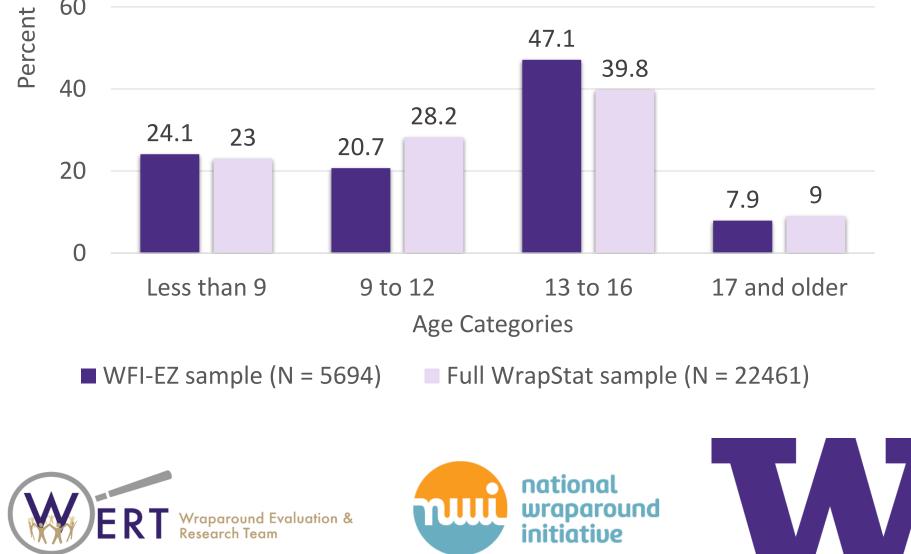
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WFI-EZ respondents are far more likely to be caregivers of older (age 13–16) youth







Youth age at enrollment

WFI-EZ fidelity and satisfaction scores



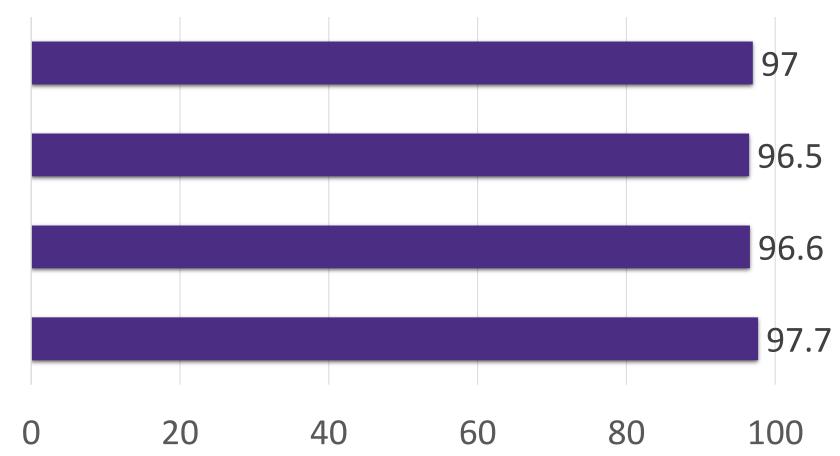




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In the vast majority of sites, CGs say the core components of Wraparound have been implemented

WFI-EZ caregiver responses: Section A (N = 3407)



A1. My family and I are part of a team

A2. Together with my team, my family created a written plan

A3. My team meets regularly

A4. Our Wraparound team's decisions are based on input from me and my family



Percent Yes

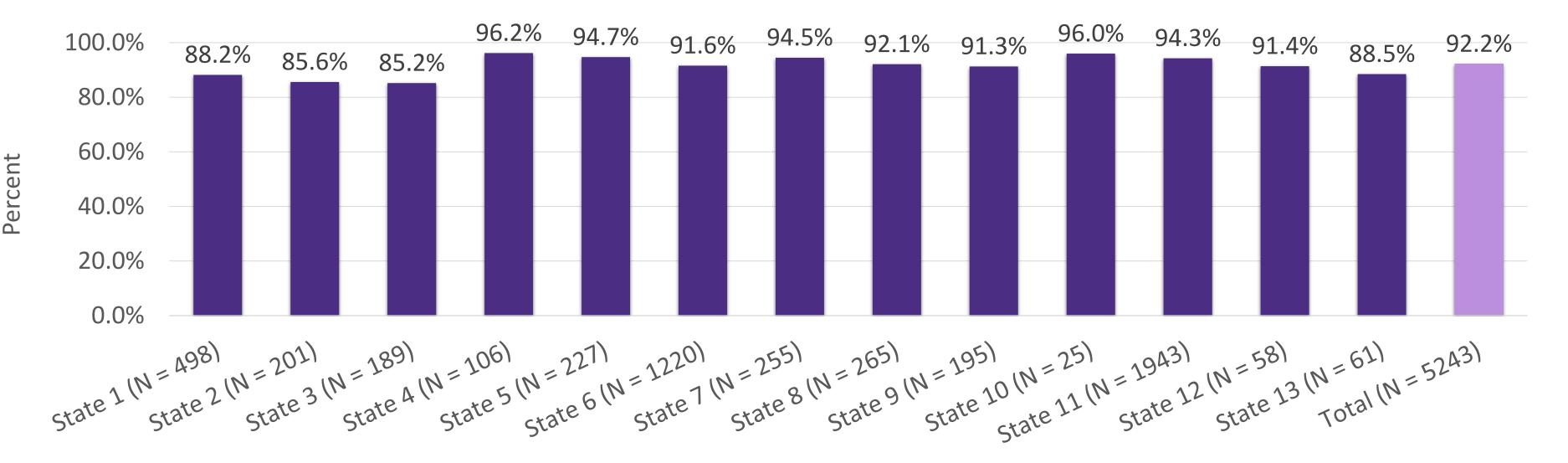
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Implementation of core components varies by state

Core Wraparound components by state: Composite of Section A scores









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Overall WFI-EZ caregiver scores have room for improvement

Example Fidelity item			WFI	-EZ fidelity and (Full sample
(25 items, 0-4 scale):		100.0		
"My family was		80.0		70.8
linked to community	Score	60.0		
resources I found	Sco	40.0		
valuable"		20.0		
		0.0		

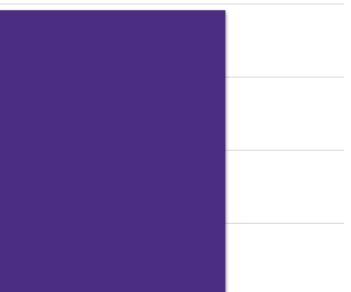
satisfaction scores e, N = 5156)

WFI-EZ Caregiver Mean Fidelity

Score



78.3



Example Satisfaction item (4 items, 0-4 scale): "I am satisfied with my youth's progress since starting the Wraparound process"

WFI-EZ Caregiver Mean Satisfaction Score

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Our current fidelity benchmarks help us interpret WFI-EZ scores

Table 1. Fidelity Benchmarks for Caregiver and Youth Forms

CATEGORY	TOTAL WFI-EZ	OUTCOMES BASED	EFFECTIVE TEAMWORK	NATURAL SUPPORTS	NEEDS BASED	STRENGTH & FAMILY DRIVEN
HIGH FIDELITY	80+	90+	75+	75+	85+	90+
ADEQUATE	75-79	80-89	70-74	65-74	75-84	80-89
BORDERLINE	70-74	75-79	65-69	60-64	70-74	70-79
INADEQUATE	< 70	< 75	< 65	< 60	< 70	< 70





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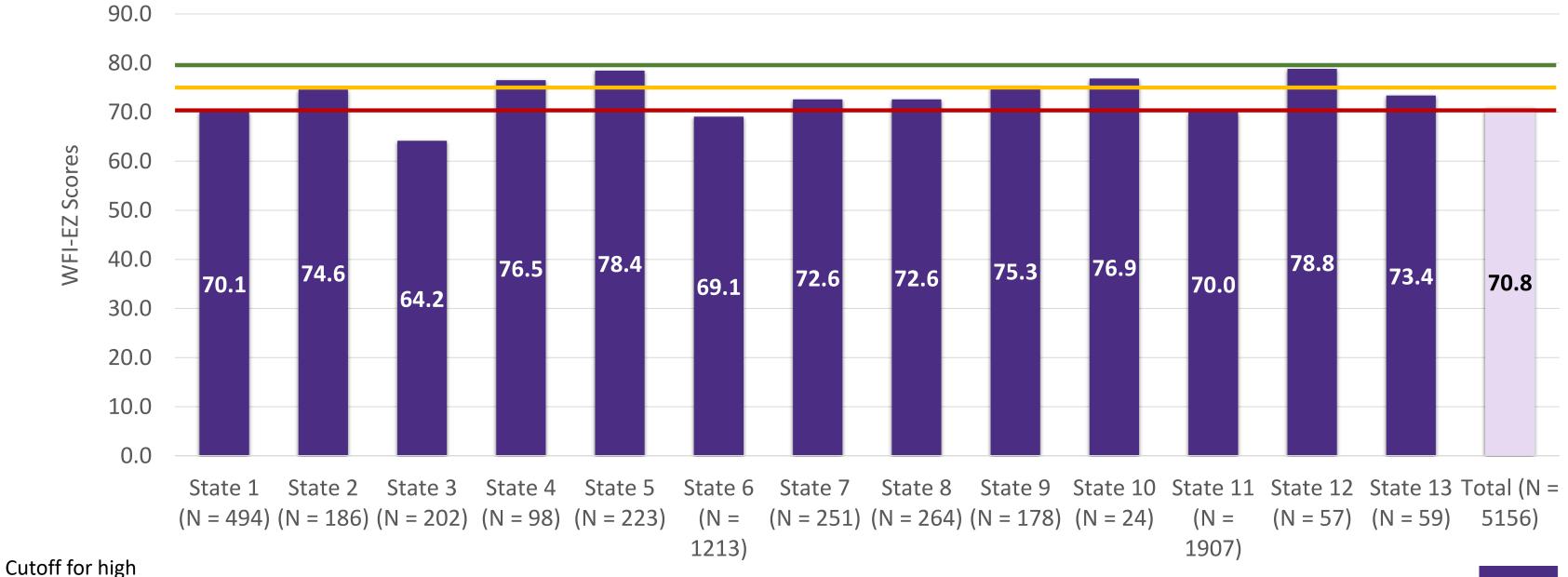


Most state fidelity scores fall within the "borderline" range

Cutoff for adequate

Cutoff for borderline

WFI-EZ mean fidelity scores by state (Caregiver form)







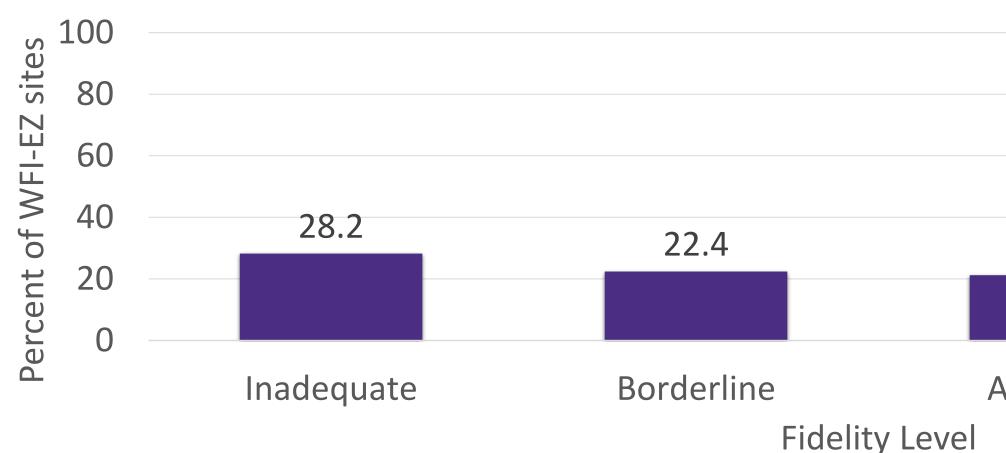
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Only 46% of WFI-EZ user sites achieved "Adequate" or "High" overall fidelity

Percent of user sites whose mean WFI-EZ Caregiver form score fell into each fidelity category (N = 85)



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21.2	24.7
Adequate	High





Benchmarks help us interpret caregiver satisfaction scores:

Table 2. Satisfaction Benchmarks for Caregiver and Youth Forms

CATEGORY	SA
HIGH SATISFACTION	
ADEQUATE SATISFACTION	8
BORDERLINE SATISFACTION	
INADEQUATE SATISFACTION	





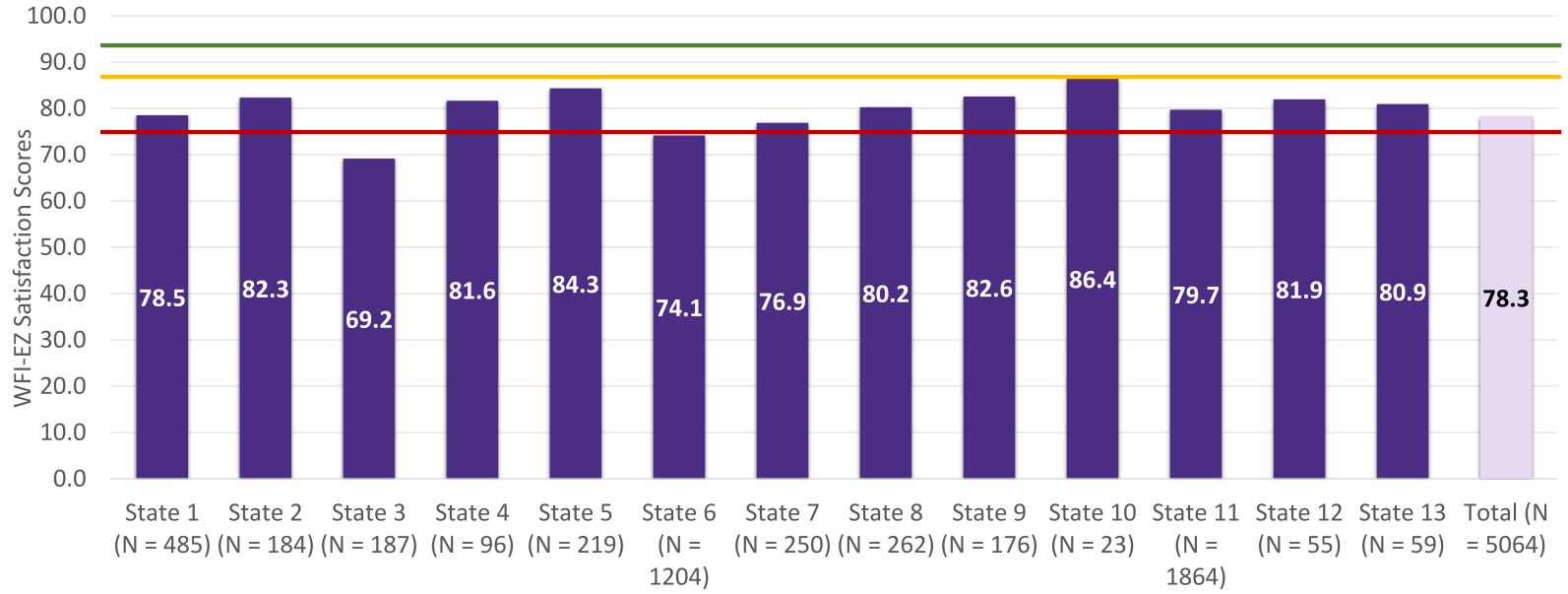
TISFACTION 93.75+ 87.5-93.74 75-87.49 < 75

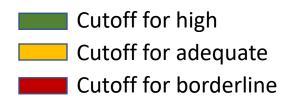




Most state-level satisfaction scores fall within the "borderline" range

WFI-EZ mean satisfaction scores by state







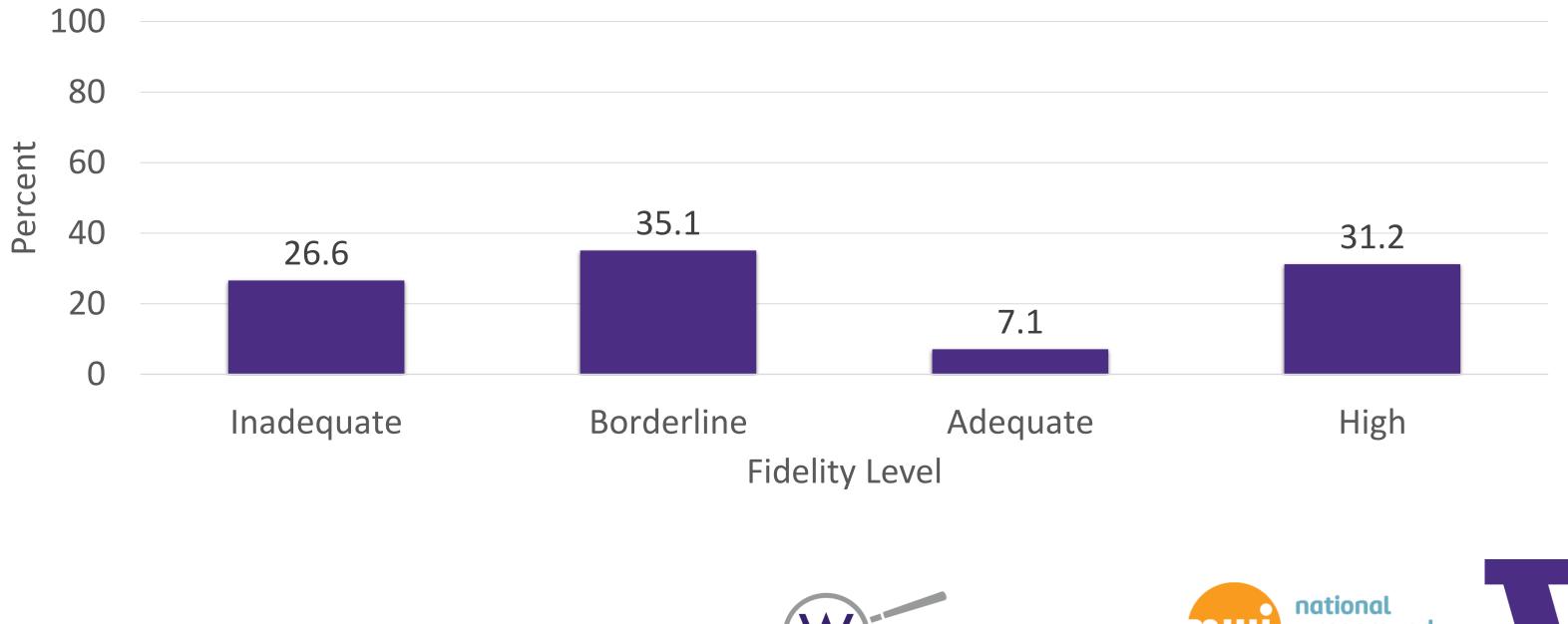
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More than half of all caregivers report levels of satisfaction that fall in the borderline or inadequate levels

Satisfaction benchmarks as measured by WFI-EZ Caregiver form (N = 5064)









If the mean satisfaction score is 79% of total possible, why are most "borderline" or "inadequate"?

- Previous research has suggested a positive response bias in parent's reports of their satisfaction with behavioral health interventions for their youth (see **Seibel et al., 2021)**
- Our benchmarks help us interpret satisfaction scores that may be inflated by linking them to Wraparound outcomes
 - Only the very highest satisfaction scores were associated with the most positive youth outcomes







How Do WFI-EZ scores vary by characteristics of youth and families?

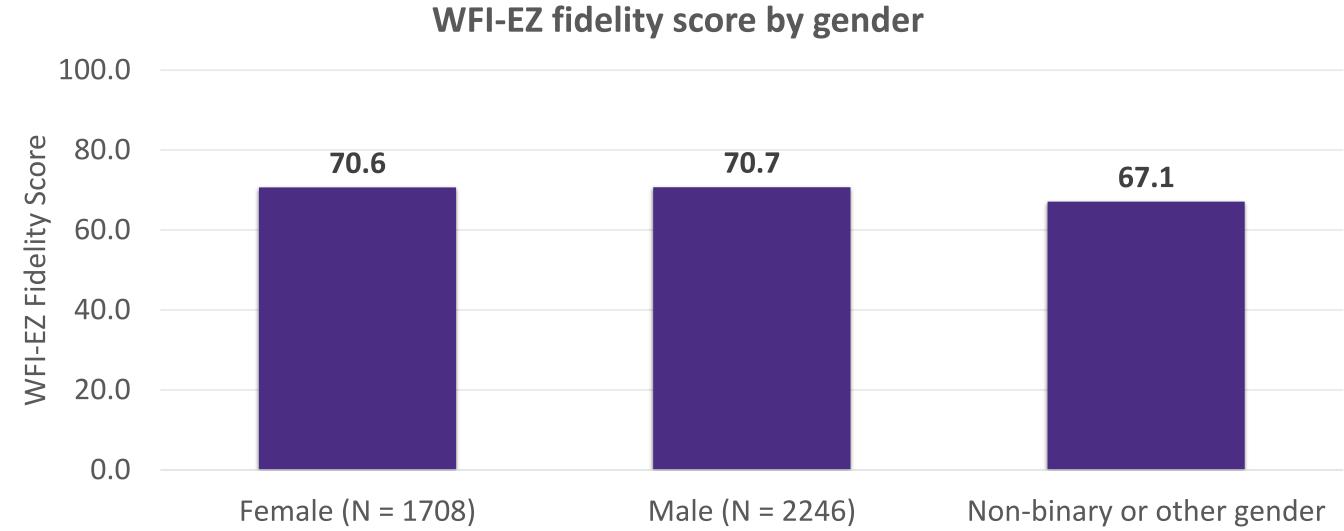






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Gender: Fidelity scores are slightly lower for caregivers of youth who identify as non-binary, although the non-binary sample is very small





identity (N = 65)

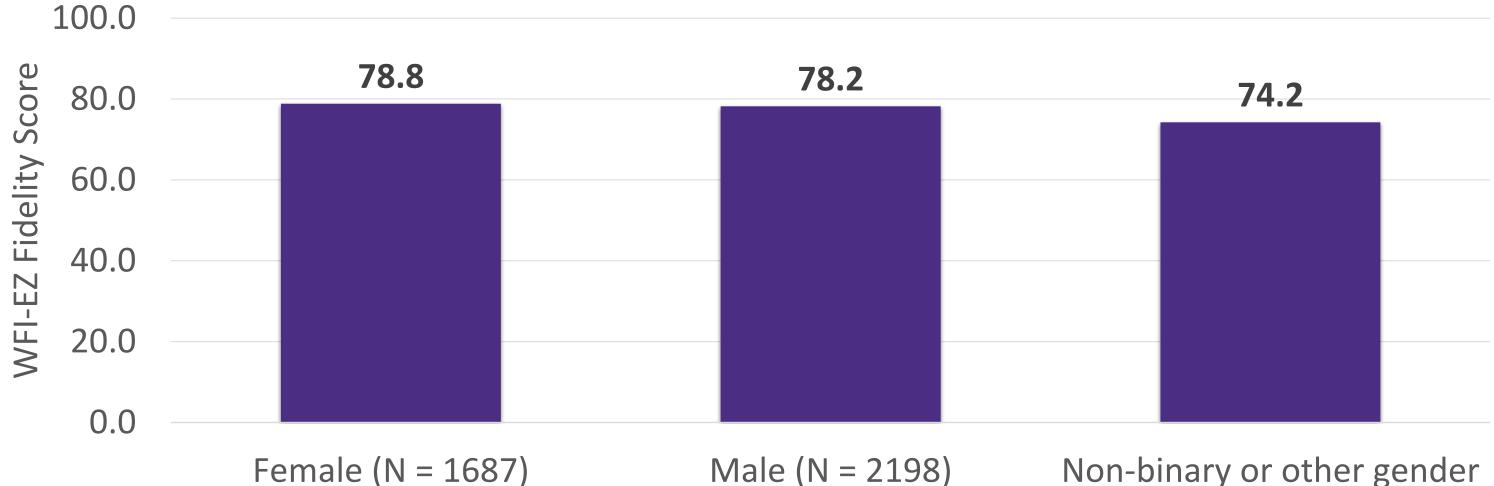




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Satisfaction scores follow a similar pattern

WFI-EZ satisfaction score by gender







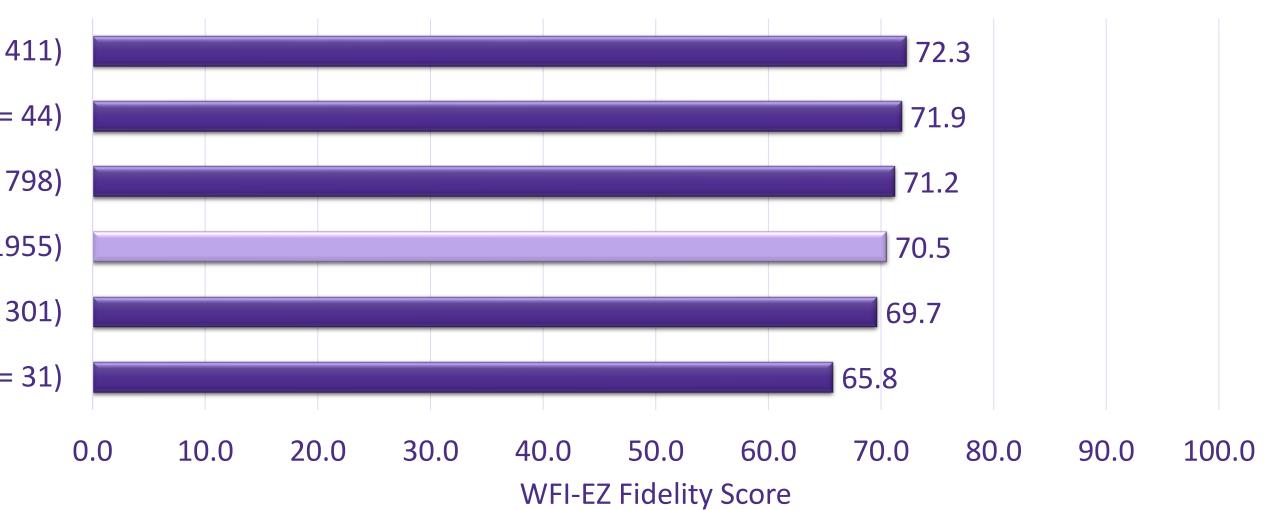
Non-binary or other gender identity (N = 64)

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Fidelity scores are slightly higher for several categories of youth who identify as BIPOC compared to those who identify as white



WFI-EZ fidelity scores by race/ethnicity

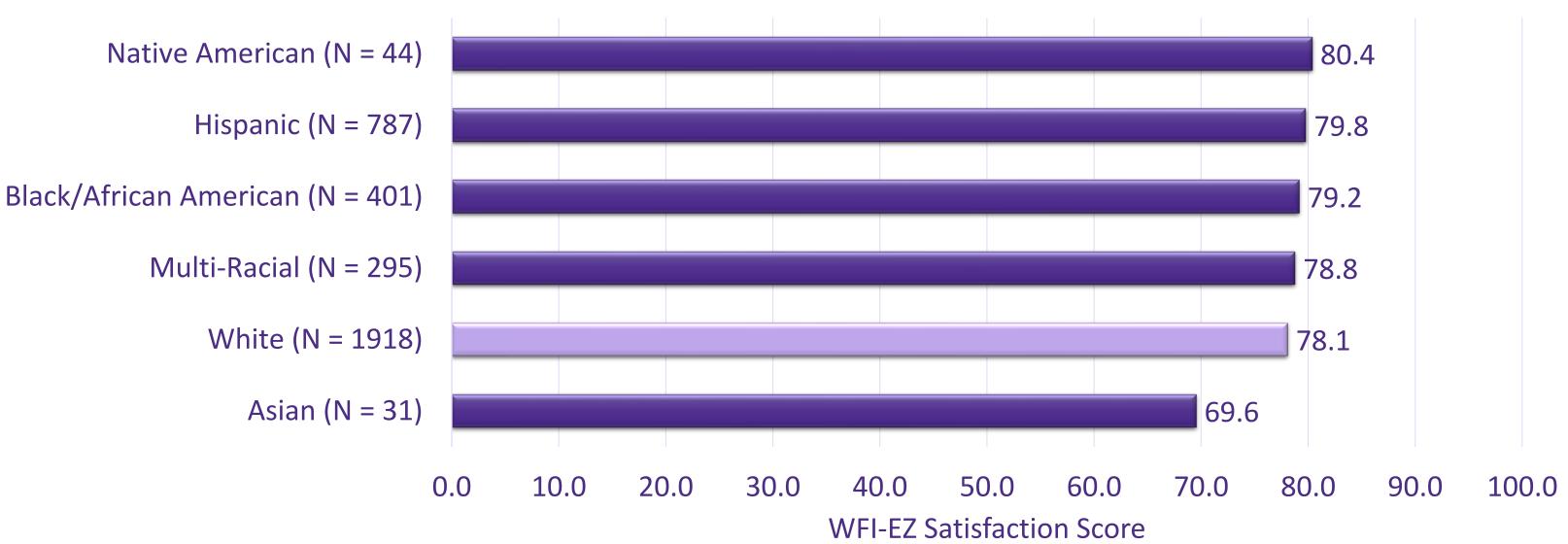
- Black/African American (N = 411)
 - Native American (N = 44)
 - Hispanic (N = 798)
 - White (N = 1955)
 - Multi-Racial (N = 301)
 - Asian (N = 31)





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Caregiver satisfaction is also significantly higher for all racial/ethnic groups than for White caregivers, except CGs of **Asian youth**

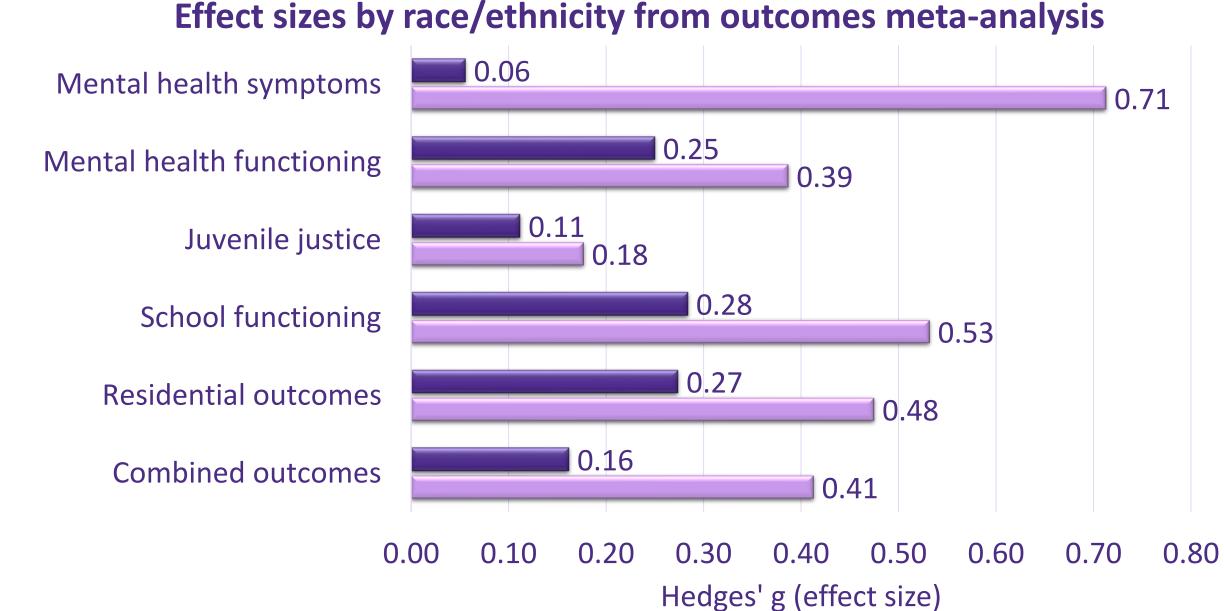


WFI-EZ satisfaction scores by race/ethnicity





Meta-Analysis of controlled studies also found differences by race/ethnicity – BIPOC youth showed more positive outcomes



Higher percentage White youth

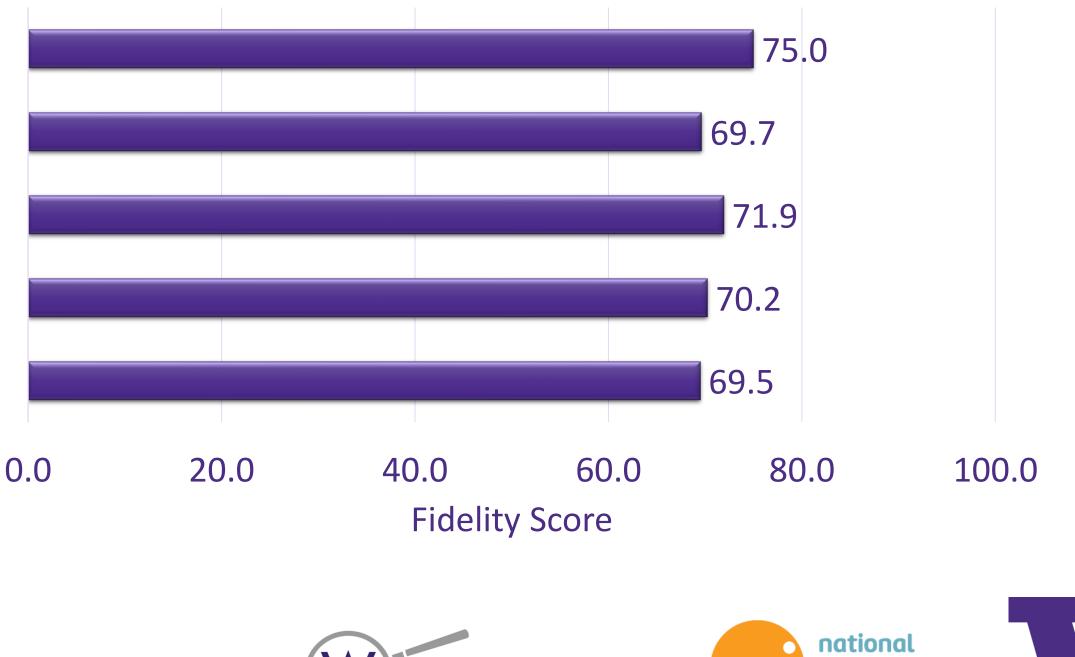
Olson, J. R., Benjamin, P. H., Azman, A. A., Kellogg, M. A., Pullmann, M. D., Suter, J. C., & Bruns, E. J. (2021). Systematic review and meta-analysis: Effectiveness of wraparound care coordination for children and adolescents. Journal of the American Academy of Child & Adolescent Psychiatry, 60(11), 1353-1366.

Higher percentage BIPOC youth



Fidelity scores are slightly lower for Wraparound programs in larger cities

WFI-EZ fidelity scores by population size



0 to 30 K (N = 501)

30K to 100K (N = 735)

100K to 200K (N = 967)

200K to 1M (N = 2306)

More than 1M (N = 646)

²opulatiion Size



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Satisfaction also lower for youth in large metro areas, highest for small communities

WFI-EZ satisfaction scores by population size

0 to 30 K (N = 488)

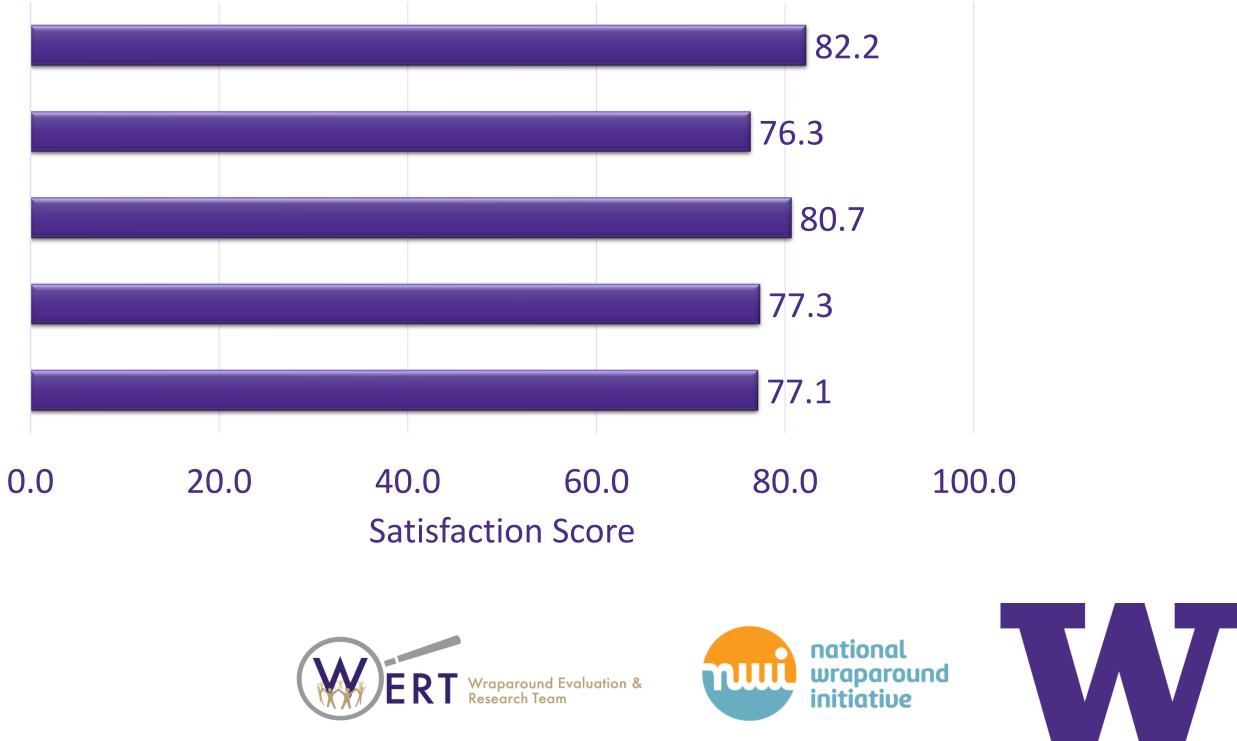
30K to 100K (N = 718)

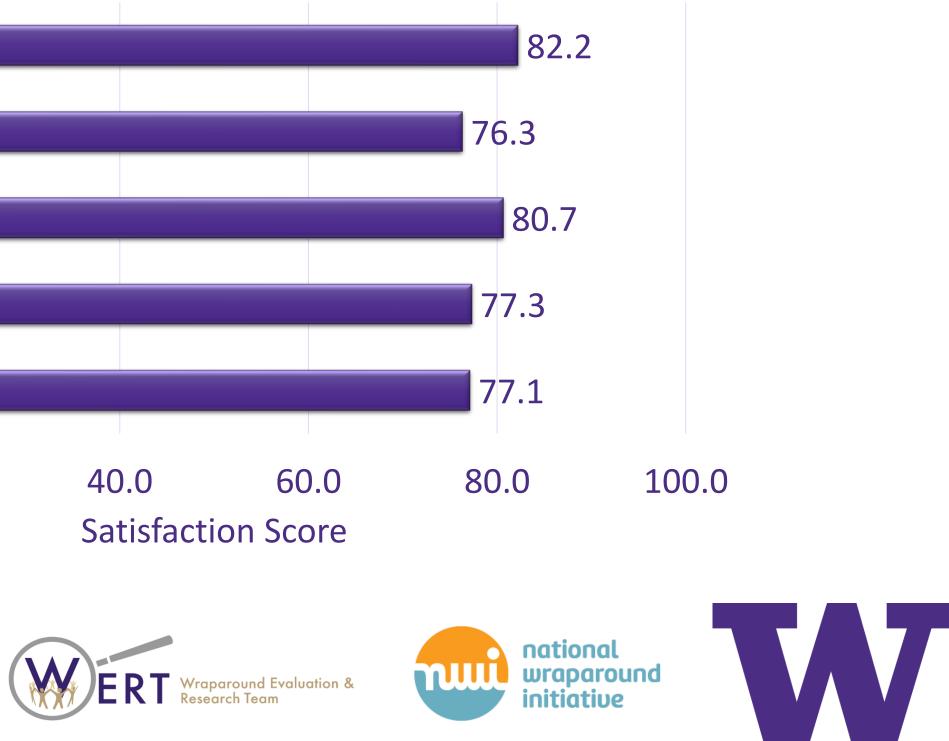
100K to 200K (N = 951)

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200K to 1M (N = 2271)

More than 1M (N = 635)





WFI-EZ qualitative response themes







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A minority of Wraparound organizations use open-ended WFI-EZ questions to collect qualitative feedback

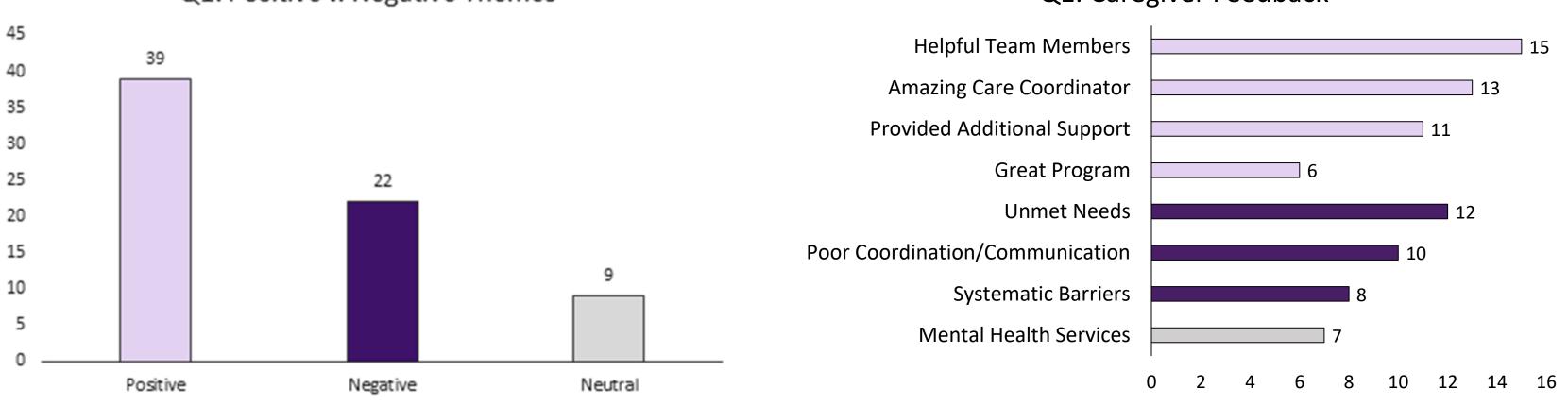
- Qualitative feedback provides a more detailed picture of caregiver and care coordinator experiences
- Such data complement quantitative responses by providing context
- The following slides provide an overview of a sample of qualitative responses drawn from a sample of 70 caregivers and 151 care coordinators





More than half of caregivers reported positive experiences with Wraparound, but nearly a third indicated negative experiences

Q1. Any additional comments about your family's experiences in wraparound, or about your wraparound experiences in general? (n = 70)



Q1. Positive v. Negative Themes

Figure I. Positive vs. Negative Caregiver Experiences in Wraparound Qualitative Feedback Themes

Figure II. Caregiver Experiences in Wraparound Qualitative Feedback Themes





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Direct quotes were coded into categories of caregiver experiences

Helpful Team Members (15)

"(Agency) was wonderful; Caregiver could not get help anywhere until connecting with wraparound provider organization and they provided services including medication; it was the light at the end of the tunnel; caregiver had to hospitalize youth for treatment prior to wraparound involvement"

Amazing Care Coordinator (13)

"[Care Coordinator] is our Wraparound representative. He is amazing! He has been a godsend 2 our family. We still struggle, but [Care Coordinator] texts me at least once a week & I (as the parent) know we can count on him for excellent advice...our process."

Unmet Needs (12)

"the process was slow and ridiculous. It did not meet the needs of my family and failed my daughter. Too little, too late!"

Poor Coordination/Communication (10)

"Our Care Coordinator has been very inconsistent - has no-showed and doesn't call us back."







Caregivers provided more negative feedback to a question focused on satisfaction with Wraparound

Q2 Any additional comments about your satisfaction with wraparound, or what has happened with you child/youth since the start of wraparound? (n = 67)

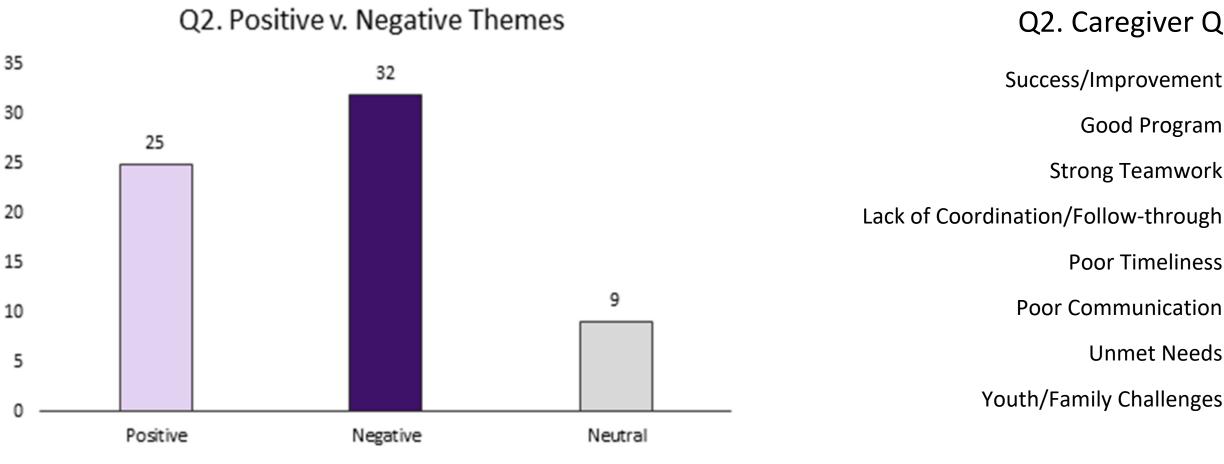


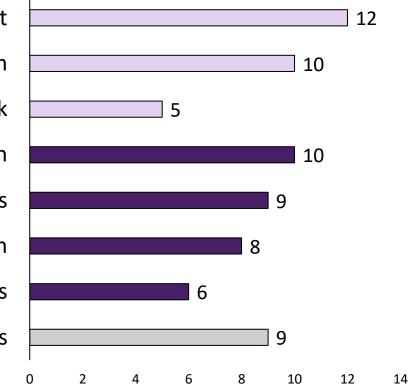
Figure III. Positive vs. Negative Caregiver Satisfaction in Wraparound Qualitative Feedback Themes

Figure III. Positive vs. Negative Caregiver Satisfaction in Wraparound **Qualitative Feedback Themes**



Q2. Caregiver Qualitative Feedback

Success/Improvement Good Program Strong Teamwork Poor Timeliness Poor Communication Unmet Needs Youth/Family Challenges



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Direct quotes related to caregiver satisfaction

Success/Improvement (12)

"[Youth] has improved from several incidents a week, sometimes per day, to 2-3 incidents per month. I am happy he has not been hospitalized since wrap-a-round began."

Good Program (10)

"I was very satisfied with wraparound. Don't know what I would have done without this program. Everyone is very professional and really gets to know the child well and helps the family through a crisis."

Lack of Coordination/Follow-through (10)

"In general, I would give Wraparound a 3 out of 10 for my youth's case. We told them NUMEROUS times that he was not getting what he needed, and nothing ever really changed much. They talked about doing something tangible for 2-3 months and it never happened. Nothing ever happened. He came to us a year ago and left with the same issues. It got to the point where we dreaded the meetings."

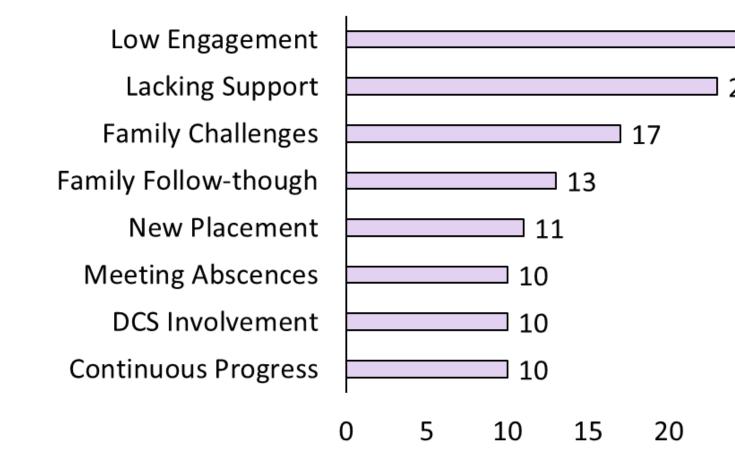




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Care Coordinators were asked to comment on their families' experiences in Wraparound:

Q1. Any additional comments about your family's experiences in wraparound, or about your wraparound experiences in general? (n = 151)



Q1. Care Coordinator Feedback

Figure V. Care Coordinator Experiences in Wraparound Qualitative Feedback Themes



31

23

25 30 35

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Direct quotes were coded into categories of care coordinator perceptions of family experiences

Low Engagement (31)

"For this family, they have not done anything advised, grandmother guardian has stopped communicating and the youth does not want to move forward to build skills in independent living and education which are his two greatest concerns."

Lacking Supports (23)

"This family has very unstable supports and youth is always at risk of removal. Mother understands the process in Wraparound but due to her low IQ, only manages to use strategies when pointed out."

Family Challenges (17)

"This family has been open for a few months now, but due to delays with the family issues, etc. it has been slow to get fully going. Therefore, it has made it somewhat difficult to answer some of the questions asked."

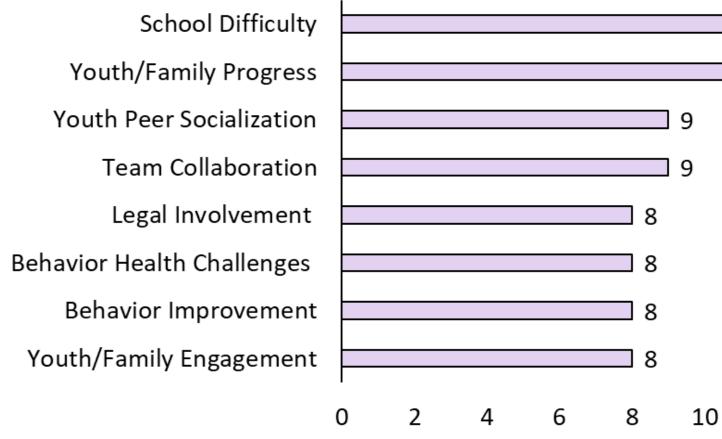






Care Coordinators also commented on youth outcomes

Q2. Any additional comments about this family's experiences with Wraparound, or what has happened to the youth since the start of Wraparound ? (n = 128)



Q2. Care Coordinator Feedback

Figure V. Care Coordinator Experiences in Wraparound Qualitative Feedback Themes



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12 14 16

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The most common themes related to youth outcomes focused on school, overall progress, and team processes as evidenced by the following quotes:

School Difficulty (15)

"Many school suspensions, [Youth] was asked to move to a new school due to inappropriate touch."

Youth/Family Progress (11)

"The youth had a light bulb moment of her behavior towards mom and realized that how she is acting is not normal or warranted. She reached out and hugged mom for the rest of the CFTM stating, "I am sorry, and I get it now".

Team Collaboration (9)

"Team is navigating the process of wraparound and who will be supportive of the process. Youth has undergone IEP testing in school and measures in place that will have more success in that setting."







Key Takeaways

Wraparound Provider Organizations (WPO) can code open-ended responses to identify specific needs and barriers families are experiencing.

Qualitative feedback can help provide insight into what is giving rise to lowscoring domains and items on the quantitative WFI-EZ scales.

Coding for themes from Care Coordinator feedback can be useful to point out where CCs may need additional training and coaching

CC comments may also help Coaches and Supervisors identify and point out areas of needed skills, such as solution-focused, strengths-based, and family-driven



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Next steps!

- > UW WERT will continue to present on results and lessons learned from the WFAS tools
 - Individual item level results and ways to address needs for improvement
 - Results from TOM, DART, and our community outcomes
- > Join us for our next webinar:
 - APRIL 16, 2024:
 - Keeping Wrap on Track: A Panel of Large-Scale Wraparound Evaluation Efforts







If you have further comments, recommendations, or ideas: wrapeval@uw.edu







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