

## Wraparound Oregon Plan of Care

Date of First Wraparound Meeting: Date of Next Wraparound Meeting:		4 / 13 / 06 5 / 25 / 06	Dat	Date: 5_/07/06 e Mailed://
Family Name: Family Members:	Member Relationsh	Other Team Members and elationships to	DHS-CW Caseworker Facilitator WO	
Mother Sister		<u> </u>	the Family:	Facilitator, WO Parent Partner CASA
				Therapist, Morrison Attorney
Mission Statement:	Connecting with	a family and F	Friends	Mentor

## **Attendance for Child and Family Team Meeting:**

Immediate Family	Natural/Informal Supports	Formal Supports
	Foster Parent	Caseworker
		Team Leader
		Facilitator
		Parent Partner
		Primary Therapist

O – Attended last meeting  $\Theta$  – Did not attend last meeting  $\Delta$  – New member  $\square$  -Guest @ - Need address

Ground rules and team process was discussed, including how decisions are made. The team strengths were developed and reviewed. The team brainstormed a mission statement and possible needs across the ten domains. The following three were chosen as the most important to help meet the mission statement. Accomplishments will be addressed starting at the next meeting.

- 1) Need to believe and feel that she is being heard
- 2) Need to hear from her mentor regularly
- 3) Need for predictability/stability/safety

**Strengths:** Youth has a magnetic personality – people generally respond well and like Youth. Problem solving skills demonstrated especially when others are experiencing trouble: she is able to think through several options. Caring about others: compassionate. Sense of humor. Has a

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team of folks around her due to the fact that they care about what happens to her.						
<b>Accomplishments:</b> _Assembling Team Members, Strength identification, Initial needs identification with priority set by initial team, including Youth, to begin strategy on several ways to meet the high priority needs.						
Plan for each Need:						
Need#1: Need to believe and feel that she is being heard						
*Anchors: 1: 5: 10:						
Strategy 1: More time with Primary Therapist						
Start Date: 4-27-06 Person Responsible: Primary Therapist/Youth to determine Frequency: To be determined						
Strategy 2: Youth to seek attention in positive ways like calling one time per day to Foster Mom to check in with her and allowing Foster Mom to check in with Youth once per day rather than many calls when Youth's anxiety is high.						
Start Date: 4-27-06 Person Responsible: Youth, Foster Mom and staff Frequency: Times vary						
Strategy 3: Care-givers to find Youth and check in with her to see how she is doing rather than Youth finding care-givers when she is in need.						
Start Date: 4-27-06 Person Responsible: Care giving Staff, current and future. Frequency: At shift changes						
Strengths that will help team members accomplish tasks: Youth's Magnetic Personality, Caring staff and commitment of caregivers, Youth is very articulate. Also, Youth's problem-solving skills-she may want to use these to take a look at her needs and "pretend" that they are some other person's need and think about strategies to fill the need.						
Need#2: Need to hear from her mentor regularly						
* <u>Anchors</u> : 1: 5: 10:						
Strategy 1: Regular visits with the mentor.						
Start Date: April 2006 Person Responsible: Caseworker to formalize the relationship Frequency: Frequency to be determined by mentor, Caseworker and Youth						
Strategy 2: previous foster parents, Foster Mom and Primary Therapist, interested to be engaged as mentor for Youth – Needs to be further defined so that it is clear to Youth.						
Start Date: April 2006 to determine along with Youth  Person Responsible: Team, including Foster Mom and Primary Therapist Frequency: to be scheduled regularly so that it is predictable for Youth.						
Strategy 3:						
Start Date: Person Responsible: Frequency:						
Strengths that will help team members accomplish tasks: Mentor's commitment and the relationship established with Youth.						

**Need#3:** Need for predictability/stability/safety

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* <u>Anchors</u> : 1:X	5:	10:				
Strategy 1: Look into various programs for safe, nurturing foster home that will include contact with family members (e.g. Multisystemic Therapeutic Foster Care Program, and others).						
* Home needs to be identified Soon so that Youth has a place (home) to look forward to in order to progress to a nurturing home. This home should be part of the transition and join the team as soon as possible.						
Start Date: April 17, 2006 Person Responsible: Facilitator. Frequency: As Needed until home identified.						
Strategy 2: Use of a Calendar to be designed by Youth to include all of her important events and development of coping resources when an event cannot occur.						
Start Date: 4-27-06 Additional Therapist to help w	•	Youth, also to work with  Frequency: To be scheduled by Additional Therapist.				
Strategy 3:						
Start Date: Po	erson Responsible:	Frequency:				
Strengths that will help team members accomplish tasks:						
Update (Assessment, Adjustment, new assignments):						

<sup>\*</sup> To assess progress on this need over time we will use a 1-10 scale. The "anchor" items should describe what the high, medium and low scores will mean when we review in the future: