

Wraparound Oregon Plan of Care

team of folks around her due to the fact that they care about what happens to her.

Accomplishments: _Assembling Team Members, Strength identification, Initial needs identification with priority set by initial team, including Youth, to begin strategy on several ways to meet the high priority needs.

Plan for each Need:

Need#1: Need to believe and feel that she is being heard
* <u>Anchors</u> : 1: _____ 5: _____ 10: _____
<u>Strategy 1:</u> More time with Primary Therapist Start Date: 4-27-06 Person Responsible: Primary Therapist/Youth to determine Frequency: To be determined
<u>Strategy 2:</u> Youth to seek attention in positive ways like calling one time per day to Foster Mom to check in with her and allowing Foster Mom to check in with Youth once per day rather than many calls when Youth's anxiety is high. Start Date: 4-27-06 Person Responsible: Youth, Foster Mom and staff Frequency: Times vary
<u>Strategy 3:</u> Care-givers to find Youth and check in with her to see how she is doing rather than Youth finding care-givers when she is in need. Start Date: 4-27-06 Person Responsible: Care giving Staff, current and future. Frequency: At shift changes
Strengths that will help team members accomplish tasks: Youth's Magnetic Personality, Caring staff and commitment of caregivers, Youth is very articulate. Also, Youth's problem-solving skills-she may want to use these to take a look at her needs and "pretend" that they are some other person's need and think about strategies to fill the need.

Need#2: Need to hear from her mentor regularly
* <u>Anchors</u> : 1: _____ 5: _____ 10: _____
<u>Strategy 1:</u> Regular visits with the mentor. Start Date: April 2006 Person Responsible: Caseworker to formalize the relationship Frequency: Frequency to be determined by mentor, Caseworker and Youth
<u>Strategy 2:</u> previous foster parents, Foster Mom and Primary Therapist, interested to be engaged as mentor for Youth – Needs to be further defined so that it is clear to Youth. Start Date: April 2006 Person Responsible: Team, including Foster Mom and Primary Therapist to determine along with Youth Frequency: to be scheduled regularly so that it is predictable for Youth.
<u>Strategy 3:</u> Start Date: _____ Person Responsible: _____ Frequency: _____
Strengths that will help team members accomplish tasks: Mentor's commitment and the relationship established with Youth.

Need#3: Need for predictability/stability/safety

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*Anchors: 1: <u> X </u> 5: <u> </u> 10: <u> </u>
<u>Strategy 1:</u> Look into various programs for safe, nurturing foster home that will include contact with family members (e.g. Multisystemic Therapeutic Foster Care Program, and others). * Home needs to be identified Soon so that Youth has a place (home) to look forward to in order to progress to a nurturing home. This home should be part of the transition and join the team as soon as possible. Start Date: April 17, 2006 Person Responsible: Facilitator. Frequency: As Needed until home identified.
<u>Strategy 2:</u> Use of a Calendar to be designed by Youth to include all of her important events and development of coping resources when an event cannot occur. Start Date: 4-27-06 Person Responsible: Youth, also to work with Additional Therapist to help with coping resources. Frequency: To be scheduled by Additional Therapist.
<u>Strategy 3:</u> Start Date: Person Responsible: Frequency:
Strengths that will help team members accomplish tasks:
Update (Assessment, Adjustment, new assignments):

* To assess progress on this need over time we will use a 1-10 scale. The “anchor” items should describe what the high, medium and low scores will mean when we review in the future: