Parent Engagement and Family Peer Support Services in Wraparound

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Introduction

- Family peer support (FPS) is provided by a family member with lived experience caring for a child with mental health challenges.
- FPS services are provided by family peer support partner (FPSP) trained to help families with their child’s needs.
- FPSPs are trained and supported by theWraparound coordinator, who works closely with the family to ensure FPS services are effective.

Findings

Demographics

Table 1. Demographics of children under the age of 18. The number of children living in the study participant’s home.

Findings

Demographics, continued

Table 2. Examples of specific challenges faced by families with a child with mental health challenges.

The majority of participants (96%; 27) chose to work with a FPSP when offered; one caregiver refused services; 17% (7) were not informed if their youth was receiving or not receiving services.

Methodology

- Interviews consisted of (A) demographic questions; (B) open-ended questions; (C) Follow-up questions.
- Follow-up questions were used to ensure the caregiver understood and was comfortable with the responses.
- Caregiver informed about FPS months after being enrolled in Wraparound (n=1)

Impact

The impact of working with FPS on youth outcomes.

Caregiver involvement and FPS services started 2 months before the youth was discharged from Wraparound services.

Discussion

- Inconsistency and scheduling issues (n=1)
- The majority of parents agreed to meet with research staff.
- Expectations were not met in terms of who the FPSPs are; family participation in meetings with families.

References