

Family Action Plan

Youth/Family Name	Johnsons (Jane, Joe, Joe Jr., Janie, Jesse)	Date	11/28/2005
Address/Telephone			
Care Coordinator/ Case Manager	Beth Larson-Steckler		
Overarching Goal:	Family to Be Together and Be Happy and Happier		

Prioritized Need(s)
<ul style="list-style-type: none"> (1) Kids to Follow Expectations Established by Their Parents (2) Renee & Allen to Agree On Consequences and Feel as Though They Can Reinforce Them (3) Spending Quality Family Time Together (4) Balancing -

Strengths:
 Great amount of love within the family and the family has perseverance. They continue to attempt to do all they can to make sure that things are better – that their kids are doing well. Family has a great sense of humor – they are able to joke with each other even though there is stress. Also, family

Tasks/ Interventions	Team Members Responsible	Date Assigned & Update
Beth will write up expectation sheet and provide to family.	Beth	Completed
Jane & Joe will meet with <i>therapist</i> on Friday and work with him in regards to their relationship and supporting each other.	Jane, Joe, <i>Therapist</i>	Joe & Jane had to re-schedule, cancelled due to work schedule
Thanksgiving – family will spend together no phone usage (phone usage can be made to coordinator if there is a need). Family will all participate in cooking meal and will decide on activities to do together.	Family	Completed – Family had an OK Thanksgiving
Joe & Jane will discuss consequences that are given to the kids.	Joe & Jane	Ongoing – Expectations laid out but consequences will be continually decided on by both Joe & Jane.
Joe & Jane will discuss what time staff would be of most assistance in the home. Staff can begin to come into the home right away or Renee and Allen can give kids a few weeks to work on following through on the outlined expectations.	Renee & Allan	Due date 11/29/05
Beth will work on providing staff for respite so Joe & Jane can have time together – outside the home.	Beth	Due date 12/7/2005
Beth will put in application for Mentor for DBGR to work with Joe Jr..	Beth	Due date 11/29/2005
Beth will make arrangements for Jarrett to go up and visit DBGR staff – this can be done either with Jane or Beth.	Beth, Jane, Joe, Joe.Jr	To be discussed – up to Joe & Jane when this will happen
Pee tests will be given periodically. If tests positive Joe Jr. will be seen by Tonya Fox at WCHSC. Recommendations provided by Tonya will be completed. If Jarrett refuses the test this will automatically mean appointment with Tonya.	Beth, Jane, Joe, Joe Jr.	Pee test will be given between 26 th and 1 st of New Year as Joe Jr. reported last usage was on Saturday the 26 th . If test is positive appointment will be made with.
Mia will talk to school administrators to determine way to have both Justin and Mia at team meeting.	Mia	
Joe Jr. will do homework @ school with Justin and Mia. Joe Jr. is responsible for his homework.	Joe Jr. w/assistance from Justin & Mia	Modified- Joe Jr. will be responsible for doing his homework. He will work with Mia and Justin @ school but also will be responsible for taking homework home and doing it. In two weeks Mia will provide an update in regards to progression
Joe/Jane will follow up on homework a maximum of one time per week. (Modified – see above)	Joe/Jane	
Beth will inquire if Mia can provide an update on how Joe Jr. is doing.	Beth	Modified – see above two tasks.
Joe Jr. is to maintain a C average. Consequences will be imposed by Jane & Joe if C average is not maintained. The consequences will be determined by both Jane & Joe	Joe Jr.	Modified – Currently it would be very difficult for Joe Jr. to reach a C average in all classes by next team meeting. Mia will check progression and report to team, Mia will determine if Jarrett is progressing. If no progression is shown Joe Jr. will be unable to spend time with friends and use phone until progression is seen

Family Plan

Youth/Family Name		Date	11/28/2005
Address/Telephone		ID #	
Care Coordinator/ Case Manager			
Needs			
Strengths/Protective Factors:			
Goals:			

Tasks Interventions	Team Members Responsible	Date Assigned & Update
-Expectation violations will result in a consequence. <u>No negotiations.</u>	Family	Continuing task – will be reinforced by staff in the home. Joe & Jane will determine consequences together.
-Rooms will have no food or beverage (other than water).	kids	Ongoing – staff will check rooms regularly
-Staff will regularly (on various days) inspect room for food, beverage, holes or damage.	Beth, staff, Joe & Jane	Ongoing
-Brianna & Dani will complete their homework after a 30 minute break upon coming home from school.	Janie & Jesse	Ongoing
-Phone usage is limited. One hour maximum daily. Can only be done after school and no phone usage after 9 o'clock.	Kids	Ongoing
-Curfews are to be followed. If not consequence will be determined by Allen & Renee.	Kids	Ongoing
-Jarrett will attend every other week appointments with Dr.D at Med Center.	Joe Jr., Dr. D, Jane and Joe	Ongoing
-Jarrett will be followed medically by Dr.Happointments as needed.	Joe Jr., Dr. H.	Ongoing
-Team meeting will be held on Monday the 28 th at Med Center Mental Health Services @ 3:00.	Team members	Held
-Jane will bite her tongue or call writer when it is becoming hard to not comment about house or situation.	Jane	Jane
-Joe & Jane will reinforce each other on the expectations outlined. Will discuss any consequences together prior to implementing.	Joe & Jane	Joe & Jane
-Family will acknowledge Jane's attempts.	Joe, Joe Jr., Janie, Jesse	Ongoing
-All family members will acknowledge each others attempts at changing the situation.	Family	Ongoing
-Beth will check into getting maid for home to come in weekly.	Beth	
-Jane will not clean house since there is a maid in home.	Jane	
-Next meeting will be schedule in conjunction with Dr.Ds session.	Team members – Beth to schedule time and inform team members	
Janie and her parents to discuss seeing someone at Med Center to be able to have some one to talk to.	Janie & Parents	
ROIs to be signed for both Janie and Jesse	Jane, Janie, Joe and Beth	
Beth to contact school counselor re: Jesse and situation.	Beth	

Needs			
Strengths/Protective Factors:			
Goals:			
Tasks/ Interventions	Team Members Responsible	Date Reviewed	Date Completed
-Family will attempt to spend time playing games together or watching movies.			
Commentary (Accomplishments, Barriers)			

