HENDERSON MENTAL HEALTH CENTER
STRENGTHS, NEEDS, & CULTURE DISCOVERY

Client Name:	Medical Record #:	*Circle one:* Initial / Update
Facilitator Name:	Date:	

LIFE DOMAINS

Family – constellation, extended family, relationships, support for caretaker, relationship with siblings, permanency, etc.

Safety – included if youth or caretaker has substantiated history of serious sexual aggression, or is clearly identified as a potential danger to community, self, or family members. Includes emergency contacts, precipitators, strategy, crisis management, etc.

Financial/Physical Needs – Food, clothing, transportation, housing, etc.

Spiritual/Cultural – faith, beliefs, traditions, language, support, etc.

Social/Friends – fun, hobbies, extra-curricular activities, sports, interests, support systems, after-school activities, clubs, etc.

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LIFE DOMAINS

Vocational – work experience, goals, employment skills, etc.

Educational – grade level, performance, specialized educational support, tutoring, goals, etc.

Legal – current legal status, probation, custody, adjudication, etc.

Residence/Neighborhood – space, privacy, comfort, local resources, safety, furnishings, etc.

Medical – physical fitness, acute illnesses, dental/physical check ups, immunizations, etc.

Behavioral Health – substance use, anger management, mood, psychotropic medication, hyperactivity, anxiety, etc.