

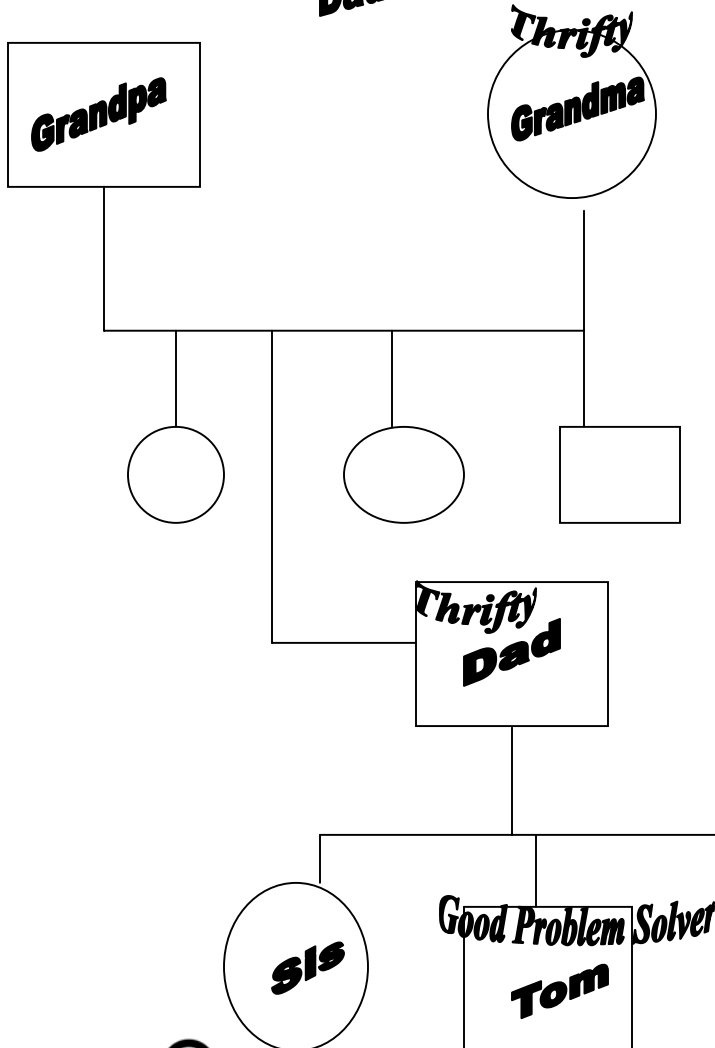
## 1.3a Engagement and Team Preparation

### Strengths Genogram

The Genogram has been commonly used for identifying dysfunctional patterns in families so that the “cycle” can be broken. In this instance you want to use the genogram to identify strengths in a family so that you can reinforce that skills and resources that this family has built up over the years. The following is the common genogram graph.

1. Find a strength and trace it back, or forward to who else in the family has that strength.
2. Leave this genogram up, or bring it back to team meetings so that that family can own the strengths that they have had for generations and that have been passed on.

#### **Dad's Family**



#### **Mom's Family**

