

Effective Crisis Planning..

- Plans anticipate a crisis based on past knowledge.
- Plan for the "worst case" scenario
- Research past crisis for cause, best interventions and consequent behaviors
- Clearly defined plans help teams function in difficult times
- See crisis as a process with a beginning, middle, and end.
- Change plan based on "what works"
- Build plans that "triage" for differing levels of intensity and severity of crisis.
- Build plans early with child & family team
- Begin by asking family "what can go wrong with plan" as a first step
- Always build in 24-hour response.
- Clearly define roles for team members including family and natural support people.
- Schedule a time for team to assess the management of the crisis within two weeks of event
- Decide that no major decisions will be made until at least 72 hours after the crisis event.

(Grealish & Vandenberg)



A crisis is when the adults don't know what to do!