Core Skills for Pre-Service

Foundational Skills	Definitional Skills	Critical Skills
\$ Meet, greet & make youth/young adult & family feel welcome \$ Build mutual respect, confidence & trust \$ Reach agreement \$ Redirect problem statements that assign blame \$ Listen to the family & child's perspective, concerns & interests \$ Share information with families & colleagues \$ Generate & communicate enthusiasm about next steps	\$ Explain & clarify role & role of services \$ Assess immediate safety risk \$ Solicit & review family/youth strengths, needs & history \$ Clarify & communicate initial conditions that brought referrals to the agency for help \$ Organize team members for a planning meeting \$ Communicate & translate information with staff, parents & youth/young adult in a way everyone can hear \$ Involve team members in decisions to make needed changes \$ Maintain a healing & helpful relationship with youth, young adult & family \$ Utilize parent/family expertise in problem solving around specific needs & patterns \$ Review existing crisis response strategies \$ Empower families to revisit & revise safety plan as needed \$ Inspire confidence in families about their strengths & ability to move ahead	\$ Guide team members towards open, strength based family friendly problem solving \$ Develop thorough understanding of youth/young adult U& family history including past interventions \$ Encourage youth/young adult & family empowerment & ownership concentrating on natural support & independence